

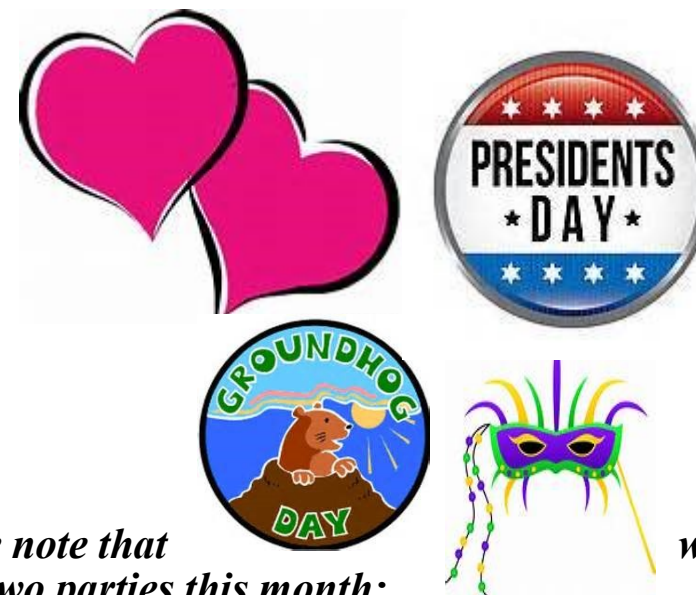
Live Oak Adult Day Services Activity Schedule
February, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">Everyday: 9:00-10:15 Breakfast & Small Group Activities 12:00 Lunch 2:00 Snack</p>		<p>1. 10:30 Music W/Jim 11:15 Birthday Word Game For Yo 12:00 Lunch 1:30 Star Show W/NASA</p>	<p>2. 10:30 Dancing W/Hillbrook Students to Bill's Music 11:30 Groundhog Day Madlib 1:30 Groundhog Day Art, Trivia, Talk & Word Search</p>	<p>3. 10:30 Super Bowl Discussion 11:00 Bingo 1:00 Music W/Linda 2:00 Exercise & Ball Game</p>
<p>6. 10:30 Current Events 11:00 Making Art For Picture Frames 1:00 Exercise 2:00 Sing-A-Long</p>	<p>7. 10:30 Exercise & Balloon Volleyball 1:00 Art History Talk W/Jan 1:30 Creating Heart Art W/Jan</p>	<p>8. 10:30 Music W/Jim 11:30 Current Events 1:00 Valentine's Day Collage 2:00 Red, Pink & Purple Game</p>	<p>9. 10:30 Current Events 11:00 Yoga W/Jackie 1:00 American Roots Music W/Jan 2:00 I Love Lucy</p>	<p>10. 10:30 Exercise & Bean Bag Toss 11:30 Decorating Placemats W/Jan 1:00 Making Valentine's Day Cards W/Jan</p>
<p>13. 10:30 Music W/Danny K W/Preschool Kids 11:30 Lincoln's B'Day Discussion 1:30 Yoga W/Jackie 2:30 Get A Different Name Day</p>	<p>14. Valentine's Day Party 10:30 Special Crossword Puzzle 11:00 Valentine's Day Art 1:00 Music W/The Star Geezers 2:00 Wacky Wordies Game</p>	<p>15. 10:30 Music W/Jim 11:30 Exercise 1:00 Susan B. Anthony Discussion & Video 2:00 Sing-A-Long</p>	<p>16. 10:30 Keyboard Music W/Bill 1:00 Presidential Dogs Quiz 1:30 Birthday Bingo For Tommy</p>	<p>17. President's Day Party 10:30 Music W/Maddaline 11:30 Exercise 1:00 Guess That President W/Jan & Trivia 2:30 Patriotic Sing-A-Long</p>
<p>20. CLOSED For Presidents Day</p>	<p>21. 10:30 Current Events 11:30 Exercise & Yahtzee 1:00 History Of The White House W/Jan 2:30 President's Day Word Searches</p>	<p>22. 10:30 Music W/Jim 11:30 Exercise 1:00 Washington's Birthday Talk 1:30 Music Bingo</p>	<p>23. 10:30 Current Events 11:00 Yoga W/Jackie 1:00 Travel To New Orleans & Louisiana W/Jan 2:30 Sing-A-Long</p>	<p>24. 10:30 Current Events 11:00 American Roots Music W/Jan 1:00 Birthday Bingo For Philip</p>
<p>27. 10:30 Current Events & Discussing The Oscars 11:00 Exercise 11:30 Sing-A-Long 1:00 Accordion Music W/Vic</p>	<p>28. Mardi Gras Party 10:30 Mardi Gras Parade Video & Discussion 11:30 Exercise 1:00 Making Mardi Gras Masks W/Jan & Word Search</p>			<p style="text-align: center;">*ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</p>

FEBRUARY MEAL MENU

		1. Beef Stuffed Bell Pepper Green Peas & Carrots Salad Banana	2. Sesame Chicken Wild Rice Soup Steamed Rice Broccoli Salad W/Carrots Pears	3. Broiled Tilapia W/Parmesan Brown Rice Pilaf Mixed Vegetables Spinach & Onions Fresh Fruit
6. Chicken Barley Casserole Broccoli Spinach Salad W/Cranberries Apples	7. Baked Fish Black Bean Soup Wild Rice Mixed Vegetables Zucchini & Onion Salad Banana	8. Pork Chop W/Onion Gravy Baked Sweet Potato Salad W/Bell Peppers Fresh Fruit	9. Spaghetti & Meatballs Whole Grain Pasta Italian Vegetables Caprese Salad Oranges	10. Spinach Quiche W/Cheese Roasted Red Potatoes Garden Salad W/Carrots Ambrosia
13. Sweet & Sour Pork W/Bell Peppers & Onions White Rice Oriental Vegetables Apples	14. Marinated Flank Steak Baked Potato Creamed Spinach Oranges	15. BBQ Turkey Sandwich Vegetable Soup Baked Beans Herbed Carrots Oranges	16. Parmesan Chicken W/Marinara Sauce Over Pasta Malibu Vegetables Salad W/Carrots Banana	17. BBQ Pork Ribs Baked Beans Coleslaw W/Carrots Banana
20. Closed	21. Herb Roasted Pork Tenderloin W/Gravy Green Beans Kale & Yams Salad Fruited Jell-O	22. Vegetarian Cheese Lasagna Tomato Soup Diced Carrots Cauliflower Apples	23. Stir Fry Broccoli & Beef White Rice Garden Salad Fresh Fruit	24. Baked Fish Tomato, Onion & Cucumber Salad Wild Rice Garlic Spinach Oranges
27. Fish Taco W/Pico De Gallo Sauce Pinto Beans Fiesta Slaw W/ Bell Peppers Banana	28. Thai Chicken Flatbread Pizza Vegetables Salad W/Carrots Oranges		<i>All meals served with whole grain bread!</i>	**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**

FEBRUARY 2017



*Please note that we will be hav-
ing two parties this month:*

***Tuesday, February 14th for Valentine's Day
Friday, February 17th for President's Day***

***We will be closed:
Monday, February 20th
Please let us know if you would like to
make up the day.***