



## Live Oak Adult Day Services in Cupertino Activity Schedule April 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:00 News &amp; Puzzles 10:30 B-day word game 'John' 11:30 Stretch &amp; Exercise 1:00 <b>Music with</b> <b>Jim Taormina</b></p>	<p>4</p> <p>10:00 News &amp; Puzzles 11:00 American Jingo 1:00 Exercise w/ Karley 2:00 Sing-a-long</p>	<p>5</p> <p>10:00 News &amp; Puzzles 11:00 Bunco 1:00 Stretch &amp; Corn Hole Toss 2:00 Word Games</p>	<p>6</p> <p>10:00 News &amp; Puzzles 11:00 Art Project 12:30 <i>Michi &amp; MaryAnn</i> 1:00 Stretch &amp; Bowl 2:00 Trivia</p>	<p>7</p> <p>10:00 News &amp; Puzzles 11:00 Exercise w/ Mimi 1:00 Bingo</p>
<p>10</p> <p>10:00 News &amp; Puzzles 11:00 Yoga w/ Jackie 1:00 Bridgo/Yahtzee 2:00 All About Passover</p>	<p>11</p> <p>10:00 News &amp; Puzzles 10:30 St. Andrew's Students 1:00 <b>Music with</b> <b>Jim Farber</b></p>	<p>12</p> <p>10:00 News &amp; Puzzles 11:00 Baseball Game 12:45 Furry Friends 1:00 Easter Eggs</p>	<p>13</p> <p>10:00 News &amp; Puzzles 11:00 <b>Music with</b> <b>Danny K.</b> 1:15 Science: Exploring Space With CC Culver</p>	<p>14</p> <p>10:00 News &amp; Puzzles 11:00 Exercise w/ Karley 1:00 Bingo</p>
<p>17</p> <p>10:00 News &amp; Puzzles 11:00 Yoga w/ Jackie 1:00 Jeopardy 2:00 Sing-a-Long</p>	<p>18</p> <p>10:00 News &amp; Puzzles 11:00 B'day Word Game "Greg" 1:00 <b>Dancing Shamrocks</b> 2:00 Movie Trivia</p>	<p>19</p> <p>10:00 News &amp; Puzzles 11:00 Art 1:00 <b>B'day Celebrations</b> <b>with Vic &amp; Friends</b></p>	<p>20</p> <p>10:00 News &amp; B-Day Word Game 'Jack' 10:30 <b>Music with Craig</b> 11:00 Hillbrook Students 12:30 <i>Michi &amp; Maryann</i> 1:00 <b>Lei Nani Hula Dancers</b></p>	<p>21</p> <p>10:00 News &amp; Puzzles 11:00 <b>Music with</b> <b>Henry</b> 1:00 Earth Day Project 1:30 Bingo</p>
<p>24</p> <p>10:00 News &amp; B-Day Word Game 'Loretta' 11:00 May Art Project 1:00 <b>Music with</b> <b>Maddeline</b> 2:00 Word Challenge</p>	<p>25</p> <p>10:00 News &amp; Puzzles 11:00 B-Day Word Game 'Kim' 1:00 <b>Music with</b> <b>Jim Farber</b> 2:00 Music Trivia</p>	<p>26</p> <p>10:00 News &amp; Puzzles 11:00 Basketball Toss 1:00 <b>Music with</b> <b>Lizz Fischer</b> 2:00 Word Games</p>	<p>27</p> <p>10:00 News &amp; Puzzles 11:00 Stretch &amp; Bowl 1:00 <b>Music with</b> <b>Bob Yee's Gang</b> 2:00 Trivia</p>	<p>28</p> <p>10:00 News &amp; B-day Word Game 'Maria' 11:00 Exercise w/ Karley 1:00 All About Arbor Day 1:30 Bingo</p>

## April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sweet & Sour Pork w/ Bell Pepper White Rice Vegetable Blend	4 Roast Beef w/ Gravy Mashed Potatoes Broccoli	5 BBQ Turkey Sandwich Baked Beans Herbed Carrots	6 Parmesan Chicken Pasta Vegetable Blend Garden Salad	7 Breaded Fish Rice Pilaf Zucchini Coleslaw
10 Pesto Chicken W.W. Pasta Vegetable Blend Caesar Salad	11 Roasted Pork w/ Gravy Green Beans Yam Salad W.W. Roll	12 Veg. Lasagna Carrots Cauliflower W.W. Bread	13 Stir Fry Beef & Broccoli White Rice Garden Salad	14 Baked Fish w/ Tartar Sauce Wild Rice Spinach Cucumber Salad
17 Baked Fish w/ Pico de Gallo Tortilla Pinto Beans Fiesta Slaw	18 Thai Chicken Flatbread Pizza Vegetable Mix Green Salad	19 Pork Chop w/ Apple Chutney Sweet Potato Romaine Salad	20 Turkey Meatloaf w/ Gravy Mashed Potatoes Broccoli Salad	21 Black Bean Quinoa Stuffed Bell Pepper Peas & Carrots Garlic Bread
24 Orange Chicken Brown Rice Stir Fry Veggies Garden Salad	25 Rosemary Pork Roast w/ Gravy Zucchini & Carrot W.W. Roll	26 Beef Stew Garlic Green Beans Cornbread	27 Chicken Fajita w/ Bell Peppers Pinto Beans Tortilla	28 Broiled Fish w/ Parmesan Wild Rice Veggie Blend Spinach Salad

\*All meals include milk and wholegrain or enriched bread.

\*All meals are low salt, low fat and contain no added sugar.

**“In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.”**

*April 2017*



*Happy Easter, Happy Spring*

### **Alzheimer's Association Caregiver Support Group**

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, April 20th at 1:30 p.m. in the Fireside Room of the St. Jude's Church