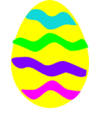






Live Oak Adult Day Services Activity Schedule April, 2017



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| 3. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 April Fools trivia & Game Happy Birthday Terry Oki | 4. 10:30 Morning News 11:00 Karaoke w/ Lou 12:00 Lunch 1:00 Art w/ Lauren | 5. 10:30 Morning News 11:00 Wheel of Fortune game 12:00 Lunch 1:00 Lynda - Keyboard Memories in the Making - Art | 6. 10:30 Morning News 11:00 Exercise w/ Maria 12:00 Lunch 1:00 Sing Along w/ Erica Memories in the Making - Art | 7. 10:30 Morning News 11:00 Trivia w/ Iuliana 12:00 Lunch 1:00 Bingo 12:00 Birthday Word Game Happy Birthday Maria K. |
| 10. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Easter craft-Eggs w/ Junelle Happy Birthday Lois | 11. 10:30 Morning News 11:00 Birthday Word—Lois 12:00 Lunch 1:00 Art w/ Lauren | 12. 10:30 Morning News 11:00 Volleyball 12:00 Lunch 1:00 Timo—Steel drums Memories in the Making - Art | 13. 10:30 Morning News 11:00 Exercise with Erica 12:00 Lunch 1:00 Easter Trivia Memories in the Making - Art | 14. 10:30 News & Trivia 11:00 Trivia w/ Iuliana 12:00 Lunch 1:00 Bingo Good Friday-Happy Easter  |
| 17. 10:30 Skylark Singers 11:00 Morning News 12:00 Lunch 1:00 Card Game | 18. 10:30 Morning News 11:00 Yoga with Erica 12:00 Lunch 1:00 Art w/ Lauren 1:30 Vic & friends— Accordian | 19. 10:30 Morning News 11:00 CC Culver—stars 12:00 Lunch 1:00 Johnny Fabulous on piano Memories in the Making - Art | 20. 10:30 Morning News 11:00 Exercise with Maria 12:00 Lunch 1:00 Live Oak Swing Band | 21. 10:30 Trivia w/ Iuliana 11:00 Morning News 12:00 Lunch 1:00 Bingo Happy Birthday John Fox |
| 24. 10:30 Morning News 11:00 Craft for Irene's Birthday 12:00 Lunch 1:00 Jazzberry Jam | 25. 10:30 Morning News 11:00 Jingo 12:00 Lunch 1:00 Art w/ Lauren 1:30 Willow Glen Elementary after school students. | 26. 10:30 Morning News 11:00 Baseball game 12:00 Lunch 1:00 Bill Martin-keyboard Happy Birthday Irene Y. Memories in the Making - Art | 27. 10:30 Morning News 11:00 Birthday Word Game Irene 12:00 Lunch-Celebrate Irene's birthday 1:00 Timo—Steel drums Irene Cusimano 102 yrs old  | 28. 10:30 Trivia w/ Iuliana 11:00 Young @ Heart-Music 12:00 Lunch 1:00 Bingo Happy Birthday John Finister |
| | | |  | **ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY** |

APRIL MEAL MENU

| | | | | |
|--|---|--|--|---|
| <i>All meals served with whole grain bread!</i> | **ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY** | | | |
| 3. Sweet & Sour pork, white rice, Fresh red & Green Bell peppers, onions, oriental vegetables, fresh Apples | 4. Roast Beef w/ Gravy, mashed potatoes, Broccoli spears, Fresh fruit in season | 5. BBQ Turkey sandwich, baked beans, fresh herbed carrots, fresh oranges | 6. Parmesan chicken, fresh marinara sauce, pasta, Malibu blend vegetables, fresh garden salad, shredded carrots. Bananas | 7. Breaded fish w/ lemon and garlic Aioli sauce, brown rice pilaf, Fresh herbed Zucchini, Coleslaw, pear crisp |
| 10. Pesto chicken, California blend vegetables, fresh Caesar salad, fresh fruit | 11. Herb Roasted Pork, Garlic green beans, fresh kale & Yam, Fruited Gelatin, Mandarin Oranges | 12. Vegetarian Lasagna, noodles, fresh diced carrots, Cauliflower, fresh Apple | 13. Stir Fry Broccoli & Beef, white rice, Broccoli spears, Fresh Garden salad, oriental dressing, fresh fruit | 14. Baked fish w. lemon & tartar sauce, wild rice, Garlic spinach, fresh marinated cucumber, tomato, red onion salad. |
| 17. Baked Fish w/ Pico de Gallo sauce, Corn Tortilla, Fresh cooked Pinto beans, Fresh Fiesta slaw w/ red bell peppers, bananas | 18. Thai Chicken Flatbread Pizza, Flatbread, fresh Saute'ed Vegetables, tossed salad, shredded carrots, fresh oranges | 19. Pork Chop with Apple chutney sauce, fresh baked sweet potato, fresh Romaine Salad, Broccoli, peach crisp | 20. Turkey Meatloaf, mashed potatoes, fresh Broccoli raisin salad, Fresh apples | 21. Black Bean Quinoa stuffed bell peppers, garlic bread, fresh bell peppers, green peas, carrots, fresh fruit |
| 24. Orange Glazed chicken, brown rice, Asian blend stir fry, fresh garden salad, oriental dressing, apples | 25. Rosemary & garlic pork roast w onion gravy, fresh herbed zucchini, fresh glazed carrots, tropical fruits | 26. Beef stew, Cornbread, fresh potatoes, carrots, onions, garlic green beans, oranges | 27. Chicken Fajita, Albondigas soup, flour Tortilla, fresh roasted bell peppers, onions, pinto beans, fresh fruit | 28. Broiled fish, parmesan cheese, wild rice, Malibu Blend vegetables, spinach, salad, beets, bananas |

Spring

*"The sun was warm but the wind was chill.
 You know how it is with an April day.
 When the sun is out and the wind is still,
 You're one month on in the middle of May.
 But if you so much as dare to speak,
 a cloud come over the sunlit arch,
 And wind comes off a frozen peak,
 And you're two months back in the middle of March."
 - Robert Frost, Two Tramps in Mud Time, 1926*



Save the Date:

Caregiver support group and workshop May 17, 2017 at Live Oak.

Families and Caregivers



Join us to celebrate Irene Cusimano's 102nd Birthday on Thursday, April 27th at 12:00 noon. Irene's Family and friends along with Staff will be here for the special presentation. Please RSVP to Ana @ 408-971-9363