

Live Oak Adult Day Services Activity Schedule: April 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. 10:30 April Fool's Day Talk, Unscramble & Madlib 11:00 Sudoku 1:00 Fact Or Foolery Game 1:30 Exercise 2:15 Bean Bag Toss Game	4. 10:30 Fire Safety w/ Gina Cali (LG Fire Dept.) 11:30 Current Events 1:30 Family Feud w/Roxie 2:15 Exercise	5. 10:30 Music W/Jim 11:30 Exercise 1:00 Word Jumble 1:30 Star Show W/NASA <p style="text-align: center;">GO FOR BROKE DAY</p>	6. 10:30 Dancing W/Bill On The Keyboard 11:30 Current Events 1:00 Crossword 1:30 Birthday Bingo For Sharon	7. 10:30 Current Events 11:00 Making Stained Glass Easter Eggs 1:00 Music W/Linda 2:00 Exercise <p style="text-align: center;">WORLD HEALTH DAY</p>
10. 10:00 Passover Word Search 10:30 Music W/Danny K 11:30 Passover Discussion 1:30 Yoga W/Jackie 2:15 Match Game	11. 10:30 Current Events 11:00 Exercise & Hot Potato 1:00 Easter Trivia 1:30 Painting W/Jan	12. 10:30 Music W/Jim 11:30 Easter Poetry & Current Events 1:00 Exercise & Balloon Volleyball <p style="text-align: center;">WALK ON THE WILD SIDE</p>	13. 10:30 Dancing W/Bill On The Keyboard 11:30 Nat'l Scrabble Day 1:00 History Of Easter Eggs 2:00 Making Bunny Masks W/Jan	14. 10:30 Easter Crossword Puzzle 11:00 Spring Bingo 1:00 Special Music W/Johnny Fabulous 2:00 Easter Words Game
17. 10:30 Current Events 11:00 Music Bingo 1:00 Word Scattegories 1:30 Yoga W/Jackie <p style="text-align: center;">PATRIOT'S DAY</p>	18. 10:30 Music W/Henry 11:30 Exercise 1:00 Art History W/Jan 1:30 Making Spring Cards <p style="text-align: center;">NAT'L COLUMNISTS DAY</p>	19. 10:30 Music W/Jim 11:30 Current Events 1:00 Exercise 2:15 Bean Bag Toss	20. 10:30 Current Events 11:00 Hillbrook Student-Lead Fun Activity 1:15 Yoga W/Jackie 2:15 Ball Game	21. 10:00 Earth Day Word Search 10:30 Current Events 11:00 Exercise 1:30 Making Spring Birds W/Jan
24. 10:30 Current Events 11:00 Exercise 1:00 Unscramble 1:30 Accordion Music W/Vic	25. 10:30 Current Events 11:00 Bunco 1:15 Lizz Fischer on piano 2:15 Yahtzee	26. 10:30 Music W/Jim 11:30 Current Events 1:00 Exercise & Balloon Volleyball <p style="text-align: center;">NATIONAL RICHTER SCALE DAY</p>	27. 10:30 Dancing W/Bill On The Keyboard 11:30 Current Events 1:15 Story Telling 1:45 Bingo <p style="text-align: center;">TELL A STORY DAY</p>	28. 10:00 Arbor Day Word Search 10:30 Music With Maddaline 11:30 National Poetry Reading Day 1:00 Hot Potato and Exercise

****ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY****

MEAL MENU: APRIL 2017

3 Sweet & Sour Pork With Fresh Bell Peppers & Onions White Rice Oriental Vegetables Fresh Apples	4 Roast Beef With Gra- vy Mashed Potatoes Broccoli Spears Fresh Seasonal Fruit	5 BBQ Turkey Sandwich Vegetable Soup Baked Beans Herbed Carrots Fresh Orange	6 Parmesan Chicken Pasta Malibu Vegetables Garden Salad With Shredded Carrots Fresh Banana	7 Fish w/Lemon & Garlic Aioli Sauce Brown Rice Pilaf Herbed Zucchini Fresh Coleslaw Pear Crisp
10 Pesto Chicken Whole Wheat Pasta California Blend Vege- tables Fresh Caesar Salad Fresh Seasonal Fruit	11 Roasted Pork Tender- loin w/Gravy Whole Wheat Roll Garlic Green Beans Kale & Yam Salad Mandarin Gelatin	12 Vegetarian Lasagna Tomato Soup Fresh Carrots Cauliflower Fresh Apples	13 Stir Fry Broccoli Beef White Rice Garden Salad w/Asian Dressing Fresh Seasonal Fruit	14 Pork Roast w/Carolina Gravy Whole Wheat Roll Scalloped Potatoes Garden Salad Fresh Orange
17 Baked Fish w/Pico de Gallo Sauce Corn Tortilla Fresh Pinto Beans Fresh Fiesta Slaw Fresh Banana	18 Thai Chicken Flatbread Pizza Mixed Vegetables Tossed Salad With Carrots Fresh Orange	19 Pork Chop w/Apple Chutney Baked Sweet Potato, Roll Broccoli Salad Peach Crisp	20 Turkey Meatloaf With Gravy Mashed Potatoes Broccoli Raisin Salad Fresh Apple	21 Black Bean Quinoa Stuffed Bell Peppers Garlic Bread Green Peas & Carrots Fresh Seasonal Fruit
24 Orange Chicken Brown Rice Stir Fry Vegetables Garden Salad w/Asian Dressing & Broccoli Fresh Apple	25 Rosemary & Garlic Pork Roast w/Onion Gravy Fresh Herbed Zucchini Glazed Carrots Tropical Fruit	26 Beef Stew Cornbread Garlic Green Beans Fresh Orange	27 Chicken Fajita w/Fresh Peppers & Onions Flour Tortilla Albondigas Soup Fresh Pinto Beans Fresh Seasonal Fruit	28 Broiled Fish With Parmesan Malibu Vegetables Spinach & Beet Salad Fresh Banana
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111 Church St., Room 7, Los Gatos



Special Announcement to Families & Other Caregivers

On May 6th, Aging Services Collaborative is sponsoring a conference in Campbell for families and friends caring for an aging loved one. Topics include **self-care & communication, legal issues, and medications for dementia**. Ask Kim Hughes for more information.