



Live Oak Adult Day Services in Cupertino Activity Schedule May 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10:00 News & Puzzles 11:00 Stretch & Exercise 1:00 Bunco/ Yahtzee 2:00 Sing-a-long	2 10:00 News & Puzzles 11:00 Family Feud 1:00 Exercise with Karley 2:00 Word Games	3 10:00 News & Puzzles 11:00 Art - Tea Party Invites 1:00 Stretch & Exercise 1:30 Bean Bag Toss	4 10:00 News & Puzzles 11:00 Hillbrook Student's Visit 12:30 <i>Michi & Maryann</i> 1:00 Stretch & Bowl	5 10:00 News & Puzzles 11:00 Exercise w/ Mimi 1:00 Records! 1:30 Bingo
8 10:00 News & Puzzles 11:00 Yoga with Jackie 1:00 Music Jingo	9 10:00 News & Puzzles 11:00 Stretch & Basketball 1:00 Music with Jim Farber	10 10:00 News & Puzzles 11:00 Exercise with Mimi 1:00 Furry Friends visit 1:30 Bridgo	11 10:00 News & Puzzles 11:00 Music with Danny K. 1:15 Science: Exploring Space	12 10:00 News & Puzzles 11:00 Exercise with Karley 1:00 Mother's Day Tea Party with special guests Lisa & Franz!
15 10:00 News & Puzzles 11:00 Stretch & Bowl 1:00 May Arts and Crafts 2:00 Trivia	16 10:00 News & Puzzles 11:00 US Geography Jingo 1:00 Exercise with Karley 2:00 Trivia	17 10:00 News & Puzzles 11:00 Memorial Day Project 1:00 B'day Celebrations with Vic & Friends	18 10:00 News & Puzzles 10:30 Music with Craig 11:00 Yoga with Jackie 12:30 <i>Michi & Maryann</i> 1:00 Lei Nani Hula Dancers	19 10:00 News & Puzzles 11:00 Music with Henry 1:00 Planting Flowers with Betty
22 10:00 Current Events & Puzzles 11:00 Stretch & Basketball 1:00 Music with Maddeline	23 10:00 News & Puzzles 11:00 Stretch & Corn Hole Toss 1:00 Music with Jim Farber	24 10:00 News & Puzzles 11:00 Vegetable Planting 1:00 Music with Lizz Fischer	25 10:00 News & Puzzles 11:00 Music with Bob Yee's Gang 1:00 B'day Word Game "Larisa"	26 10:00 News & B'day Word Game "Meme" 11:00 Exercise with Karley 1:00 Bingo
29 <div style="text-align: center;">Holiday</div>	30 10:00 News & Puzzles 11:00 Stretch & Bean Bag 1:00 June Art project 2:00 Sing-A-Long	31 10:00 News & Puzzles 11:00 Travel presentation 1:00 Stretch & Bowl 2:00 Trivia		

May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Pulled Pork Sandwich Baked Beans Coleslaw	2 Chicken Chow Mein w/ Enriched Noodles Vegetable Blend	3 Breaded Pork Cutlets w/ Gravy Peas & Carrots Garden Salad	4 Beef Patty w/ Mushroom Gravy Mashed Potatoes Carrot Salad	5 Cheese Enchilada Spanish Rice Pinto Beans Fiesta Slaw
8 Veg. Chili Cornbread Herbed Carrots Broccoli Salad	9 Vietnamese Pork Cutlets Noodles Vegetable Blend Garden Salad	10 Teriyaki Beef Meatballs Brown Rice Vegetable Blend Asian Slaw	11 Chicken Alfredo Pasta Broccoli Spears Romaine Salad	12 Roasted Salmon w/ Dill Red Potatoes Spinach Salad
15 Chicken Barley Casserole Broccoli Spears Spinach Salad	16 Baked Fish w/ Lemon & Dill Wild Rice Vegetable Blend Zucchini Salad	17 Pork Chop w/ Onion Gravy Sweet Potato Green Salad	18 Spaghetti & Meatballs Italian Vegetables Caprese Salad	19 Spinach Quiche w/ Cheese Red Potatoes Garden Salad
22 Sweet & Sour Pork w/ Bell Peppers White Rice Vegetable Blend	23 Roast Beef w/ Gravy Mashed Potatoes Broccoli Spears	24 BBQ Turkey Sandwich Baked Beans Herbed Carrots	25 Parmesan Chicken w/ Pasta Vegetable Blend Garden Salad	26 BBQ Chicken Kabobs Wild Rice Roasted Corn Coleslaw
29 Holiday	30 Roasted Pork w/ Gravy Green Beans Yam Salad	31 Veg. Lasagna w/ Cheese Diced Carrots & Cauliflower		

*All meals include milk and wholegrain or enriched bread.

*All meals are low salt, low fat and contain no added sugar.

“In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.”

May 2017

*Please join us on Friday, May 12th at 1:00 pm for our
Mother's Day Tea Party!
 with Special Guests
Lisa & Franz*



Alzheimer's Association Caregiver Support Group

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, May 18th at 1:30 p.m. in the Fireside Room of the St. Jude's Church