









Live Oak Adult Day Services Activity Schedule: May 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10:30 <i>Current Events & May Day Discussion</i> 11:00 <i>Exercise & Bean Bag Toss</i> 1:15 <i>Super Quiz</i> 1:30 <i>Bridge-O</i>	2 10:30 <i>Exercises & Match Game</i> 11:30 <i>Current Events</i> 1:30 <i>Family Feud w/Roxie</i> 2:30 <i>Puzzles & Table Games</i>	3 10:30 <i>Music W/Jim</i> 11:30 <i>Exercise</i> 1:00 <i>Word Jumble</i> 1:30 <i>Star Show W/NASA</i>	4 10:30 <i>Dancing W/Bill On The Keyboard</i> 11:30 <i>Current Events</i> 1:00 <i>Crossword</i> 1:30 <i>Art with Jan</i> <i>Hillbrook Students</i>	5 10:30 <i>Current Events</i> 11:00 <i>Kentucky Derby</i> 1:00 <i>Music & Exercise With Linda</i> 2:00 <i>Bingo</i> 
8 10:30 <i>Music W/Danny K</i> 11:30 <i>Current Events</i> 1:00 <i>Yoga W/Jackie</i> 2:00 <i>Art Appreciation</i> <i>Harry S. Truman's Birthday</i>	9 10:30 <i>Current Events</i> 11:00 <i>Exercise & Hot Potato</i> 1:30 <i>Bunco</i> <i>Favorite Photo Day</i>	10  10:30 <i>Music W/Jim</i> 11:30 <i>Exercises</i> 1:00 <i>MOTHERS DAY TEA w/ Johnny Fabulous</i> 	11 10:30 <i>Dancing W/Bill On The Keyboard</i> 11:30 <i>Current Events</i> 1:00 <i>Art with Jan</i> 2:00 <i>Crossword Puzzle</i>	12 10:30 <i>Exercises w/DeeDee</i> 11:30 <i>Current Events</i> 1:30 <i>Patriotic Music w/R.T.</i> 
15 10:30 <i>Current Events</i> 11:00 <i>Word Scattagories</i> 1:00 <i>Yoga W/Jackie</i> 2:00 <i>Chocolate Chip Tasting</i> <i>Chocolate Chip Day</i>	16 10:30 <i>Music W/Henry</i> 11:30 <i>Current Events</i> 1:30 <i>Art with Anne</i> <i>Senior Citizens Day</i>	17 10:30 <i>Music W/Jim</i> 11:30 <i>Current Events</i> 1:00 <i>Bean Bag Toss</i> 2:00 <i>Bridge-O</i>	17 10:30 <i>Current Events</i> 11:00 <i>Birthday Word Game</i> 1:15 <i>Yoga W/Jackie</i> 2:15 <i>Birthday Bingo</i> <i>Dotty's Birthday!</i>	19  10:30 <i>Ragtime w/Marilyn</i> 11:30 <i>Exercises</i> 1:00 <i>Current Events</i> 1:30 <i>Art Appreciation With Jan</i>
22 10:30 <i>Current Events</i> 11:00 <i>Exercise</i> 1:00 <i>Unscramble</i> 1:30 <i>Accordion Music W/Vic</i> <i>Vanilla Pudding Day</i>	23 10:30 <i>Current Events</i> 11:00 <i>Bunco</i> 1:00 <i>Music with Maddaline</i> 2:15 <i>Yahtzee</i> <i>Rosemary Clooney's Birthday</i>	24 10:30 <i>Music W/Jim</i> 11:30 <i>Current Events</i> 1:00 <i>Yoga w/Jackie</i> 2:15 <i>Jumbles & Puzzles</i> <i>Dewey the Deer Anniversary</i>	25 10:30 <i>Dancing W/Bill On The Keyboard</i> 11:30 <i>Current Events</i> 1:30 <i>To Bee or Not to Bee</i>	26 10:30 <i>Exercises</i> 11:15 <i>Ramadan Discussion</i> 1:30 <i>The Duke's Day</i>
29 <i>LIVE OAK CLOSED TODAY</i> 	30 10:30 <i>Current Events</i> 11:00 <i>Scrabble</i> 11:30 <i>Exercises</i> 1:00 <i>Family Feud w/Roxie</i> 2:00 <i>Ice Cream Social</i>	31 <i>Senior Health & Fitness</i> 10:30 <i>Current Events</i> 11:00 <i>Shavout Discussion</i> 11:30 <i>Exercises to Benny G.</i> 1:30 <i>Walt Whitman's Birthday Party</i>	 <i>Happy Strawberry Month!</i> 	

ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY



Your May Lunch Menus



1 BBQ Pulled Pork Sandwiches Baked Beans Fresh Coleslaw Pineapple Tidbits	2 Egg Drop Soup Chicken Chow Mein Fresh Sautee Japanese Vegetables Fresh Apple	3 Breaded Pork Cutlets Whole Wheat Roll Green Peas & Carrots Garden Salad Fresh Oranges	4 Beef Patty with Mushroom Gravy Mashed Potatoes Carrot & Mandarin Orange Salad Fresh Banana	5 Cheese Enchilada Spanish Brown Rice Fresh Cooked Pinto Beans Fiesta Slaw Mandarin Oranges
8 Vegetarian Chili With Cheese Cornbread Herbed Carrots Fresh Broccoli & Sunflower Seed Salad Fresh Apple	9 Vietnamese Pork Cutlets Vermicelli Noodles Asian Vegetables Fresh Garden Salad Fresh Orange	10 Teriyaki Beef Meatballs Brown Rice Oriental Vegetables Fresh Asian Slaw Fresh Banana	11 Chicken Alfredo Whole Grain Pasta Broccoli Spears Fresh Romaine and Carrot Salad Fresh Fruit in Season	12 Roasted Salmon w/Dill Whole Wheat Breadstick Roasted Red Potatoes Fresh Spinach Salad w/Almonds Fresh Orange
15 Chicken Barley Casserole Broccoli Spears Fresh Spinach Salad w/Cranberries Fresh Apple	16 Baked Fish With Lemon & Dill Sauce Wild Rice Marinated Zucchini & Red Onion Salad Fresh Banana	17 Pork Chop With Gravy Whole Wheat Roll Baked Sweet Potato Fresh Tossed Salad w/Bell Peppers Fresh Fruit in Season	18 Spaghetti & Meatballs Whole Grain Pasta Italian Vegetables Fresh Caprese Salad Fresh Orange	19 Spinach Quiche Fresh Roasted Red Potatoes Fresh Garden Salad Ambrosia w/Mandarin Oranges & Pineapple
22 Sweet & Sour Pork With Fresh Bell Peppers & Onions White Rice Oriental Vegetables Fresh Apples	23 Roast Beef With Onion Gravy Mashed Potatoes Broccoli Spears Fresh Seasonal Fruit	24 BBQ Turkey Sandwich Vegetable Soup Baked Beans Herbed Carrots Fresh Orange	25 Parmesan Chicken Pasta Malibu Vegetables Garden Salad With Shredded Carrots Fresh Banana	26 Fish w/Lemon & Garlic Aioli Sauce Brown Rice Pilaf Herbed Zucchini Fresh Coleslaw Pear Crisp
29 Closed for MEMORIAL DAY 	30 Roasted Pork Tenderloin w/Gravy Whole Wheat Roll Garlic Green Beans Kale & Yam Salad Mandarin Gelatin	31 Vegetarian Lasagna Tomato Soup Fresh Carrots Cauliflower Fresh Apples	**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**	

MAY 2017

Live Oak Adult Day Services

111 Church St., Room 7, Los Gatos



May Is Older Americans Month

At Live Oak Los Gatos, we do not need a special month to honor our participants. *Every day* is devoted to providing a variety of stimulating, enjoyable, and safe activities for your loved one. Thank you for trusting us.

Our Annual *Mothers Day Tea* is Wednesday, May 10, 1-3PM. Everyone has a mother, and some of you ARE mothers. Please RSVP by Monday, May 8. Look for your formal invite soon!

Finally, it is not too late to attend the Annual Caregivers Conference Saturday, May 6th. Ask Kim Hughes for more information.