







# Live Oak Adult Day Services Activity Schedule May, 2017



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1.</b> 10:30 <b>Bill Martin</b> -Music 11:30 Morning News 12:00 Lunch 1:00 Jingo	<b>2.</b> 10:30 Morning News 11:00 <b>Karaoke with Jim</b> 12:00 Lunch 1:00 <b>Art w/Lauren</b>	<b>3.</b> 10:30 Morning News 11:00 Cinco de Mayo Crafts-flowers 12:00 Lunch 1:00 <b>Lynda on Keyboard</b> <i>Memories in the Making (MIM) - Art</i>	<b>4.</b> 10:30 Morning News 11:00 Exercise w/ Maria 12:00 Lunch 1:10 Spanish Bingo  <i>Memories in the Making (MIM) - Art</i>	<b>5.</b> 10:00 Cinco de Mayo—Maria C. 11:00 <b>Trivia with Iuliana</b> 12:00 Lunch 1:00 <b>Bingo</b> 
<b>8.</b> 10:00 <b>Mother's Day Tea</b> 11:00 <b>Bill Martin</b> -Music 12:00 Lunch 1:15 <b>Evergreen Singers</b> 	<b>9.</b> 10:30 Morning News 11:00 <b>Star Geezers</b> 12:00 Lunch 1:00 <b>Art w/Lauren</b>	<b>10.</b> 10:30 Morning News 11:00 <b>Happy Singers-choir</b> 12:00 Lunch 1:00 Volleyball <i>Memories in the Making (MIM) - Art</i>	<b>11.</b> 10:30 <b>Ukelele w/Dorene Vettel</b> 11:15 Morning News 12:00 Lunch 1:10 <b>Exercise w/ Jeanne</b>	<b>12.</b> 10:30 <b>Trivia with Iuliana</b> 11:00 Tribute to Mothers 12:00 Lunch 1:00 <b>Johnny Fabulous-music</b> 
<b>15.</b> 10:30 <b>Bill Martin</b> -Music 11:30 Morning News 12:00 Lunch 1:00 Birthday Word Game <b>Happy Birthday Palmer</b>	<b>16.</b> 10:30 Morning News 11:00 Jeopardy 12:00 Lunch 1:00 <b>Art w/Lauren</b> 1:45 <b>Vic &amp; friends</b> —Accordian	<b>17.</b> 10:30 Morning News 11:00 <b>CC Culver—Space talk</b> 12:00 Lunch 1:00 <b>Timo on Steel Drums</b> <i>Memories in the Making (MIM) - Art</i>	<b>18.</b> 10:30 Morning News 11:00 Exercise w/ Erica 12:00 Lunch 1:00 <b>Live Oak Swing Band</b>	<b>19.</b> 10:30 Exercise 11:00 Morning News 12:00 Lunch 1:00 <b>Bingo</b>
<b>22.</b> 10:30 Musical Jingo 11:00 Morning News 12:00 Lunch 1:00 <b>RT Carr—Spring Concert</b>	<b>23.</b> 10:30 Morning News—Senior Citizen day 11:00 Board Game 12:00 Lunch 1:00 Art w/ Junelle	<b>24.</b> 10:30 Morning News 11:00 Birthday Word Game 12:00 Lunch 1:00 <b>Bill Martin</b> -Music <b>Happy Birthday Luretta</b> <i>Memories in the Making (MIM) - Art</i>	<b>25.</b> 10:30 Morning News 11:00 Exercise w/ Maria 12:00 Lunch 1:00 Sing Along  <i>Memories in the Making (MIM) - Art</i>	<b>26.</b> 10:30 Morning News 11:00 <b>Young @ Heart-</b> Music 12:00 Lunch 1:00 <b>SOL Youth Choir</b> 2:00 <b>Bingo</b>
<b>29.</b> <b>CLOSED FOR MEMORIAL DAY</b> 	<b>30.</b> 10:30 Morning News 11:00 Honoring our Veterans 12:00 Lunch 1:00 <b>Willow Glen after school program</b>	<b>31.</b> 10:30 Morning News 11:00 Crossword 12:00 Lunch 1:00 Golf w/ Erica <i>Memories in the Making (MIM) - Art</i>	<b>**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</b>	

# MAY MEAL MENU

1. BBq Pulled Pork Sandwich, Baked Beans, Fresh Coleslaw, Pine-apple Tidbits	2. Chicken Chow Mein, Noodles, Fresh Sauteed Vegetables, Japanese Blend Vegetables, Fresh Apples	3. Breaded Pork Cutlets, Green Peas & Carrots, Garden Salad, Fresh Oranges	4. Beef Patty w/ Mushroom Gravy, Mashed Potatoes, Carrot & Mandarin Orange Salad, Fresh Bananas	5. Cheese Enchilada, Spanish Brown Rice, Fresh Cooked Pinto Beans, Fiesta Slaw, Mandarin Oranges
8. Vegetarian Chili, Cornbread, Herbed Carrots, Fresh Broccoli & Sunflower Seed Salad, Fresh Apples	9. Vietnamese Pork Cutlets, Vermicelli Noodles, Asian Blend Vegetables, Fresh Garden Salad, Fresh Oranges	10. Teriyaki Beef Meatballs, Brown Rice, Oriental Blend Vegetables, fresh Asian Slaw, Fresh Bananas	11. Chicken Alfredo, Whole Grain Pasta, Broccoli Spears, Fresh Romaine Salad, Fresh Fruit	12. Roasted Salmon w/Dill, Roasted Red Potatoes, Fresh Spinach Salad w/Almonds, Fresh Fruit
15. Chicken Barley Casserole, Broccoli Spears, Fresh Spinach Salad w/ Cranberries, Fresh Apples	16. Baked Fish in Dill Sauce, Wild Rice, Mixed Vegetables, Zucchini & Red Onion Salad, Fresh Bananas	17. Pork Chop w/ Gravy, Fresh Baked Sweet Potato, Fresh Tossed Salad, Fresh Fruit	18. Spaghetti & Meatballs, Italian Blend Vegetables, Fresh Caprese Salad, Fresh Orange	19. Spinach Quiche, Fresh Roasted Red Potatoes, Fresh Garden Salad, Ambrosia w/Fruit
22. Sweet & Sour Pork, White Rice, Red & Green Bell Peppers & Onions, Vegetables, Fresh Apples	23. Roast Beef w/ Gravy, Mashed Potatoes, Broccoli Spears, Fresh Fruit in Season	24. BBQ Turkey Sandwich, Baked Beans, Fresh Herbed Carrots, Fresh Orange	25. Parmesan Chicken, Malibu Blend Vegetables, Fresh Garden Salad, Fresh Bananas	26. BBQ Chicken Kabobs, Pineapple Wild Rice, Roasted Corn, Fresh Coleslaw, Fresh Banana
29. <b>Closed for Holiday</b>  Memorial Day	30. Roast Pork w/ Gravy, Garlic Green Beans, Fresh Kale & Yam Salad, Fresh Gelatin w/Oranges	31. Vegetarian Lasagna, Fresh Diced Carrots, Cauliflower, Fresh Apples	<i>All meals served with whole grain bread!</i>	<b>**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</b>

## Families & Friends

### Mother's Day Tea

*Please join us for Mother's Day Tea on Monday, May 8th @ 10:00 a.m. Breakfast will be served at Live Oak followed by Music with Bill Martin. Please RSVP to Ana or Junelle if you plan to attend.*



### Save the Date:

*Coffee Klatch & Caregiver Workshop on Wednesday, May 17, 2017 @ 9:00 a.m. There will be an informal circle/support group from 9:00 am to 10:00 am and presentation on caring from 10:00 am to 11:00 am.*

### Note:

*Live Oak will be CLOSED on Monday, May 29, 2017 for Memorial Day! We will re-open on Tuesday, May 30, 2017*