



Live Oak Adult Day Services Activity Schedule– August 2017



Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1. 10:30 Hawaiian Trivia 11:00 Halau O' Kanela 12:00 Lunch- 1:00 Hula w/Jean</p> <p><i>Willow Glen summer school children & SOS Discovery Kids</i></p>	<p>2. 10:30 Morning News 11:00 Jeanne - Exercise 12:00 Lunch 1:00 Lynda on Keyboard</p> <p><i>Memories in Making Art</i></p>	<p>3. 10:30 Morning News 11:00 Family Feud 12:00 Lunch 1:00 Art w/ Lauren</p>	<p>4. 10:30 Trivia w/ Iuliana 11:00 Morning News 12:00 Lunch 1:00 Bingo</p>
<p>7. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Bowling</p> <p><i>Willow Glen Summer School Children</i></p>	<p>8. 10:30 Morning News 11:00 CC Culver—International Stars 12:00 Lunch 1:00 Art w/ Lauren <i>Memories in Making Art</i></p> <p><i>Willow Glen summer school children</i></p>	<p>9. 10:30 Morning News 11:00 Jeanne - Exercise 12:00 Lunch 1:00 Summer Craft</p>	<p>10. 10:30 Ukelele with Dorene 11:00 Morning News 12:00 Lunch 1:00 Art w/ Lauren</p>	<p>11. 10:30 Trivia w/ Iuliana 11:00 Morning News 12:00 Lunch 1:00 Johnny Fabulous</p> <p>Happy Birthday Colleen</p>
<p>14. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Summer Jingo</p>	<p>15. 10:30 Morning News 11:00 Exercise with Erica 12:00 Lunch 1:00 Art w/ Lauren 1:30 Vic & friends—Accordion</p> <p>Happy Birthday Max</p>	<p>16. 10:30 Morning News 11:00 Tania - Exercise 12:00 Lunch 1:00 Timo on Steel Drums</p> <p>Caregiver support Group</p>	<p>17. 10:30 Morning News 11:00 Music Jingo 12:00 Lunch 1:00 Live Oak Swing Band Art w/ Lauren</p>	<p>18. 10:30 Trivia w/ Iuliana 11:00 Morning News 12:00 Lunch 1:00 Bingo</p>
<p>21. 10:30 Bill Martin-Music 11:00 Morning News 12:00 Lunch 1:00 Birthday Word Game</p> <p>Happy Birthday Angela</p>	<p>22. 10:30 Morning News 11:00 Exercise with Maria 12:00 Lunch 1:00 Art w/ Lauren</p>	<p>23. 10:30 Morning News 11:00 Jeanne - Exercise 12:00 Lunch 1:00 Crossword</p>	<p>24. 10:30 Morning News 11:00 Travel log presentation 12:00 Lunch 1:00 Art w/ Lauren</p>	<p>25. 10:30 Trivia w/ Iuliana 11:00 Young @ Heart 12:00 Lunch 1:00 Bingo</p>
<p>28. 10:30 Morning News 11:00 Card Game 12:00 Lunch 1:00 Jazzberry Jam</p>	<p>29. 10:30 Morning News 11:00 Wizard of Oz –trivia 12:00 Lunch 1:00 Art w/ Lauren</p>	<p>30. 10:30 Morning News 11:00 Jeanne - Exercise 12:00 Lunch 1:00 Bill Martin-Music</p> <p>Happy Birthday Rose</p>	<p>31. 10:30 Morning News 11:00 Skit with Gloria 12:00 Lunch 1:00 Art w/ Lauren</p> <p>Happy Birthday Bonnie</p>	<p>**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</p>

AUGUST MEAL MENU



ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY	1. Hawaiian Luau Soya Chicken, Maconni Salad, Watermelon & Pineapple, Fresh Green Salad	2. Baked Tilapia w/ Parmesan, Wild Rice, Cali-Blend Vegetables, Garlic Spinach & Onions, Fresh Fruit	3. Penne Pasta w/ Vegetables, Penne Pasta, Fresh Broccoli, Squash, Fresh Romaine Salad, Tropical Fruit Cup	4. Chile Lime Chicken, Brown Rice, Roasted Carrots, Broccoli Sunflower Seed Salad, Fresh Fruit
7. Baked Fish w/ Ginger Sauce, Asian Brown Rice, Stir Fry Vegetables, Asian Slaw, Fresh Oranges	8. Hamburger w/ Cheese, Whole Wheat Bun, Chuckwagon Corn, Sweet Potato Fries, Lettuce, Tomato, Onion, Ambrosia Salad	9. Tikka Masala Chicken, Basmati Rice, Sauteed Spinach, Romaine Salad w/ Broccoli, Fresh Fruit	10. Summer Squash Casserole, Garlic Bread, Boccoli Spears, Fresh Tossed Salad, Fresh Fruit	11. Pork Chop w/ Onion Gravy, Whole Wheat Roll Vegetables, Parslied Potatoes, Fresh Cantaloupe
14. Hamburger Steak w/Onion Gravy, Whole Grain Bread, Roasted Red Potatoes, Carrot Raisin Salad, Oranges	15. Stuffed Bell Peppers w/Thai Curry Rice & Mushrooms, Roasted Vegetables, Fresh Fruit in Season	16. BBQ Pulled Pork, Whole Wheat Hamburger Bun, Caribbean Blend Vegetables, Cole-slaw, Fresh Fruit	17. Pesto Chicken, Fettucine Pasta, Herbed Carrots, Tossed Salad w/ Mandarin Oranges, Fresh Banana	18. Fish Taco w/ Mango Salsa, Corn Tortilla, Pinto Beans, Fiesta Vegetables, Tropical Fruit
21. Herb Citrus Chicken, Malibu Vegetables, Roasted Red Potatoes, Fresh Fruit	22. Teriyaki Pineapple Burger, Baked Sweet Potato Fries, Fresh Broccoli & Raisin Salad, Fresh Fruit	23. Chicken & Black Bean Casserole, Unsalted Corn Tortilla Chips, Mexican Corn, Mexican Salad, Cantaloupe	24. Roast Pork w/ Asian Brown Sauce, White Rice, Oriental Vegetables, Carrot & Pineapple Salad, Oranges	25. Spinach Vegetarian Lasagna, Italian Vegetables, Caesar Salad, Tropical Fruit
28. Lemon Herb Fish, Brown Rice Pilaf, Capri Vegetables, Coleslaw, Pineapple Tidbits	29. BBQ Chicken, Cornbread, Baked Beans, Potato Salad, Fresh Cantaloupe	30. Sesame Beef, White Rice, Oriental Vegetables, Garden Salad, Fresh Bananas	31. Enchilada Casserole, Corn Tortilla, Chuckwagon Corn, Fiesta Slaw, Fresh Oranges	All meals served with whole grain bread!

Families & Friends

Please join us for our Annual Luau on Tuesday, August 1st @ 10:45 a.m. Performance by the Halau O' Kanela Hawaiian dancers will begin at 11:00 a.m. followed by lunch. There will be 2 groups performing after lunch from 1:00 pm to 2:15pm. Please RSVP to Ana or Junelle!



Save the Date:

- *Caregiver Workshop & Coffee Klatch—Wednesday, August 16th at 9:00 am in Live Oak Library. We will have a presentation from Gary for caregivers.*

- ***“WALK TO END ALZHEIMERS” Saturday, October 14th @ 10:00 a.m. will be at the San Jose Arena Green (outside SAP Center). Please sign up to join Team Live Oak or donate to Team Live Oak at www.alz.org/walk.***