



Live Oak Adult Day Services in Cupertino Activity Schedule August 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 PROM DAY! 10:00 News & Puzzles 10:30 Dance! 1:00 Special Activity	2 10:00 News & Puzzles 11:00 Art with Nicole and Krysabelle 1:00 Stretch & Exercise 1:30 Bean Bag Toss	3 10:00 News & Puzzles 11:00 Art with Nicole and Krysabelle 12:30 <i>Michi & Maryann</i> 1:00 Stretch & Bowl	4 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Bingo
7 10:00 News & Puzzles 11:00 Stretch & Bowl 1:00 Music Jingo 2:00 Word Games	8 10:00 News & Puzzles 11:00 Art with Nicole and Krysabelle 1:00 Music with Jim Farber	9 10:00 News & Puzzles 11:00 Exercise with Mimi 1:00 Furry Friends visit 1:30 Bridgo	10 10:00 News & Puzzles 11:00 Music with Danny K. 1:00 Stretch & Exercise Game	11 10:00 News & B'Day Word Game, "Ros" 11:00 Stretch & Exercise Game 1:00 Bingo
14 10:00 News & Puzzles 11:00 Exercise with Jackie 1:00 August Craft 2:00 Trivia	15 HAWAIIAN LUAU! 11:00 Lei Nani Hula Dancers 12:00 Luau Lunch 1:15 Exercise with Karley	16 10:00 News & Puzzles 11:00 Art with Nicole and Krysabelle 1:00 B'day Celebrations with Vic & Friends	17 10:00 News & Puzzles 11:00 Travels with Gayle 12:30 <i>Michi & Maryann</i> 1:00 Stretch & Exercise Game	18 10:00 News & Puzzles 11:00 Music with Henry 1:00 Bingo
21 10:00 News & Puzzles 11:00 Stretch & Basketball 1:00 Music with Maddaline	22 10:00 News & Puzzles 11:00 Stretch & Corn Hole Toss 1:00 Music with Jim Farber	23 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Music with Lizz Fischer	24 10:00 News & Puzzles 10:30 Music with Craig 11:00 Calendar Art 1:00 Stretch & Exercise Game	25 10:00 News & Puzzles 11:00 Exercise with Karley 1:00 Bingo
28 10:00 News & Puzzles 11:00 Bunco / Yahtzee 1:00 Exercise with Jackie	29 10:00 News & Puzzles 11:00 Rodeo Day Fun! 1:00 Western Music with Danny K.	30 10:00 News & Puzzles 11:00 Exercise w/ Mimi 1:00 Drum to the Beat 2:00 Records & Reminiscing	31 10:00 News & Puzzles 11:00 Music with Bob Yee's Gang 1:00 Stretch & Exercise Game	

August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Sandwich	2 Baked Tilapia Wild Rice Vegetables Garlic Spinach	3 Penne Pasta w/ Broccoli & Squash Romaine Salad W.W. Bread	4 Chile Lime Chicken Brown Rice Roasted Carrots Broccoli Salad
7 Chef Salad	8 Cheeseburger Sweet Potato Fries Chuckwagon Corn Ambrosia Salad	9 Tikka Masala Chicken Basmati Rice Sauteed Spinach Romaine Salad	10 Summer Squash Casserole Broccoli Spears Green Salad Garlic Bread	11 Pork Chop w/ On- ion Gravy Capri Veggies Potatoes W.W. Roll
14 Hamburger Steak w/ Onion Gravy Red Potatoes Carrot Raisin Salad	15 <i>Luau Luncheon</i> Teriyaki Chicken Rice & Peas Fruit Salad	16 BBQ Pulled Pork Sandwich Veggie Blend Coleslaw	17 BBQ Chicken Wrap	18 Fish Taco w/ Mango Sauce Pinto Beans Fiesta Veggies
21 Roast Pork Sandwich	22 Teriyaki Pineapple Burger Sweet Potato Fries Broccoli Salad	23 Chicken & Black Bean Casserole Mexicali Corn Green Salad	24 Thai Style Chicken Cobb Salad	25 Spinach Lasagna Italian Vegetables Caesar Salad W. W. Bread
28 Chicken Ceasar Salad	29 BBQ Chicken Baked Beans Potato Salad Corn Bread	30 Egg Salad Sand- wich	31 Enchilada Casserole Chuckwagon Corn Fiesta Slaw	

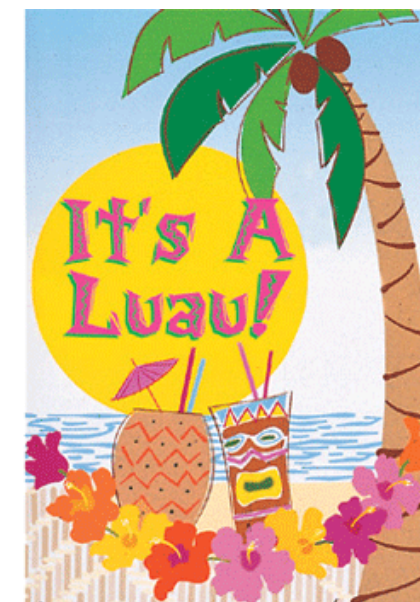
*All meals include milk and wholegrain or enriched bread.

*All meals are low salt, low fat and contain no added sugar.

“In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.”



August 2017



*Please join us for our Luau, Tuesday, August 15th.
Lei Nani Hula Dancers Performance at 11:00 am
Lunch served at 12:00 pm*

Alzheimer's Association Caregiver Support Group

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, August 17th at 1:30 p.m. in the Fireside Room of the St. Jude's Church