

*Live Oak Adult Day Services Activity Schedule
October 2017*

FEBRUARY MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. 10:00 Exercise Class 11:00 Accordion Band 12:00 Lunch 1:15 Bingo</p>	<p>3. 10:00 Exercise Class 11:00 Puzzles & Ponderings 12:00 Lunch 1:15 Halloween Craft project</p>	<p>4. 10:00 Exercise Class 11:00 Guest Speaker on local history—Mike Monroe 12:00 Lunch 1:15 Guest Speaker on quilting—Linda Williams of Nimble Thimble</p>	<p>5. 9:30 Pre-schoolers Visit 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Bridge-O</p>	<p>6. 10:00 Exercise Class 11:00 Park Ranger Talk 12:00 Lunch 1:00 Music</p>
<p>9. 10:00 Exercise Class 11:00 12:00 Lunch 1:15 Music & Memories w/John</p>	<p>10. 10:00 Exercise Class 11:00 Allen Douglas at the piano 12:00 Lunch 1:15 Art Class w/Marilynn</p>	<p>11. 10:00 Exercise Class 11:00 Tail Waggers—puppies! 12:00 Lunch 1:15 Pet therapy visit</p>	<p>12. 10:00 Exercise Class 11:00 Armchair travel w/Arne 12:00 Lunch 1:30 Jim Farber at the piano</p>	<p>13. 10:00 Exercise 11:00 Pumpkin decorating contest 12:00 Lunch 1:15 Maxin'e 99th birthday celebration!</p>
<p>16. 10:00 Exercise Class 11:00 Guest Speaker—Renette 12:00 Lunch 1:15 Bingo</p>	<p>17. 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Side by Siders Choir</p>	<p>18. 10:00 Exercise Class 11:00 Art Class w/Marilynn 12:00 Lunch 1:15 Space Talk w/C.C. Culver</p>	<p>19. 10:00 Exercise Class 11:00 Molly Pilson at the piano 12:00 Lunch 1:15</p>	<p>20. PANCAKE BREAKFAST FUNDRAISER! 10:00 Exercise Class 11:00 Music/dancing with Linda 12:00 Lunch 1:30 Country Western Line Dancers</p>
<p>23, 10:00 Exercise Class 11:00 Music/dancing w/Bill Martin 12:00 Lunch 1:15 Guest Speaker Rose on New York City</p>	<p>24. 10:00 Exercise Class 11:00 Marilyn Sander at the piano 12:00 Lunch 1:00 49ers Bean Bag Toss</p>	<p>25. 10:00 Exercise Class 11:00 Sing-a-long with Jackie Gomes 12:00 Lunch 1:30 Pet therapy visit</p>	<p>26. 10:00 Exercise 11:00 tentative guest speaker 2:00 Lunch 1:15 Tail Waggers—puppies!</p>	<p>27. 10:00 Exercise 11:00 Music w/Hermann 2:00 Lunch 1:15 Bingo</p>
<p>30. 10: Exercise Class 11:00 Park Ranger Talk 12:00 Lunch 1:15 Music w/Hermann</p>	<p>31. HALLOWEEN 10:00 Exercise Class 11:00 Halloween stories w/Margo 12:00 Lunch 1:15 Halloween Fun!</p>		<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	