



Live Oak Adult Day Services in Willow Glen December, 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</p>				
<p>4. 10:00 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Chair Yoga w/Jackie</p> <p>Happy Birthday Ana & Vivian</p>	<p>5. 10:30 Morning News 11:00 Exercise w/Mythri 12:00 Lunch 1:00 Art w/Lauren</p> <p>10-2pm VMWare Visit w/Ana</p>	<p>6. 10:30 Morning News 11:00 Linda on Keyboard 12:00 Lunch 1:00 Evergreen Singers</p>	<p>7. 10:00 Morning News 11:00 Dorene—Ukulele 12:00 Lunch 1:00 Art w/Lauren</p>	<p>8. 10:30 Trivia w/ Iulianna 11:30 Morning News 12:00 Lunch 1:00 Johnny Fabulous</p>
<p>11. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Chair Yoga w/Jackie</p>	<p>12. 10:30 Morning News 11:00 Exercise w/Mythri 12:00 Lunch 1:00 Art w/Lauren</p>	<p>13. 10:30 Morning News 11:00 Timo—steel drums 12:00 Lunch 1:00 Exercise w/Tania</p>	<p>14. 10:30 Morning News 11:00 Margo—Story Telling 12:00 Lunch 1:00 Art w/Lauren</p>	<p>15. 10:30 Trivia w/ Iulianna 11:30 Morning News 12:00 Lunch 1:00 Bingo</p>
<p>18. 10:30 Bill Martin-Music 11:30 Morning News 12:00 Lunch 1:00 Santa RT Carr –gifts</p>	<p>19. 10:30 Morning News 11:00 Exercise w/Mythri 12:00 Lunch 1:00 Vic & friends <i>Accordian</i></p>	<p>20. 10:30 Tea Party w/Ana 11:30 Morning News 12:00 Lunch 1:00 Exercise w/Jeanne</p>	<p>21. 10:30 Morning News 11:00 Jazzberry Jam 12:00 Lunch 1:00 Live Oak Swing Band</p>	<p>22. 10:30 Morning News 11:00 Young@Heart 12:00 Lunch 1:00 Bingo</p>
<p>25. </p>	<p>26. </p>	<p>27. 10:30 Morning News 11:00 Snowflakes Craft 12:00 Lunch 1:00 Exercise w/Jeanne</p>	<p>28. 10:30 Morning News 11:00 Gloria 12:00 Lunch 1:00 Art w/Nicole</p>	<p>29. 10:30 Movie & Popcorn 11:30 Morning News 12:00 Lunch 1:00 Bingo</p>

DECEMBER LUNCH MENU



<p>**ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY**</p>	<p><i>All meals served with whole grain bread!</i></p>			<p>1. Vegetarian Quiche , Whole Wheat Roll, Roasted Red Potatoes, Mandarin Oranges</p>
<p>4. Beef Shepherd's Pie, Cornbread, Mashed Potatoes, Fresh Garden Salad, Fresh Cantaloupe</p>	<p>5. Vegetarian Penne Pasta, California Blend Vegetables, Pineapple Chunks</p>	<p>6. Chicken Adobo, Rice Noodles, Asian Blend Vegetables, Romaine Salad, Fresh Bananas</p>	<p>7. Roast Pork w/ Gravy, Caribbean Blend Vegetables, Baked Sweet Potatoes, Fresh Fruit</p>	<p>8. Rotisserie Chicken, Whole Wheat Roll, Baked Potato, Herbed Zucchini, Fresh Oranges</p>
<p>11. Vegetarian Chili, Cornbread, Broccoli Spears, Fresh Fruit</p>	<p>12. Broiled Tilapia w/ Parmesan, Brown Rice Pilaf, Garlic Spinach & Onions, Fresh Fruit</p>	<p>13. Beef Stuffed Bell Peppers, Whole Grain Rye Bread, Vegetables, Tossed Green Salad, Fresh Fruit</p>	<p>14. Korean Crispy Chicken, Steamed Rice, Broccoli Spears, Romaine Salad, Fresh Fruit</p>	<p>15. Cider Braised Pork w/Caramelized Onions, Whole Wheat Roll, Glazed Carrots, Roasted Brussel Sprouts, Tropical Fruit Cup</p>
<p>18. Orange Glazed Chicken, Steamed Rice, Peas & Carrots, Fresh Asian Slaw, Fresh Fruit</p>	<p>19. Beef Stew w/ Vegetables, Cornbread, Spinach & Romaine Salad w/ Broccoli, Fresh Bananas</p>	<p>20. Roast Pork w/ Gravy, Whole Wheat Roll, Herbed Carrots, Diced Baked Potatoes, Fresh Oranges</p>	<p>21. Holiday Menu Rib Roast, Baked Potato, Creamed Spinach, Fresh Oranges Christmas Cookie</p>	<p>22. Coriander Chicken, Whole Grain Bread, Vegetables, Roasted Red Potatoes, Fresh Fruit</p>
<p>25. CLOSED FOR CHRISTMAS</p> 	<p>26. CLOSED FOR CHRISTMAS</p> 	<p>27. Spinach Lasagna, Lasagna Noodles, Caribbean Blend Vegetables, Garden Salad, Fresh Bananas</p>	<p>28. Holiday Menu Stuffed Chicken Breast, Broccoli, Fresh Oranges, Carrot Cake</p>	<p>29. Roast Beef, Whole Wheat Roll, Broccoli Spears, Mashed Potatoes, Fresh Fruit</p>



Christmas doesn't come from a store, maybe Christmas perhaps means a little bit more...

Dr Seuss, How the Grinch Stole Christmas

Happy Holidays!!

Holiday Boutique with Gloria

Dec 6-Dec 29

Please stop by and support this special fundraising event.

You're Invited...

Families & Friends please join us for Christmas Tea on Wednesday, December 20th @ 10:30 a.m.

CLOSED

Monday & Tuesday the 25th & 26th of December for Christmas.

We are open on December 27th, 28th, & 29th.

CLOSED

Monday & Tuesday the 1st & 2nd of January 2018 for New Years, and re-open January 3rd.

Note:

- We are updating our files and would like to know if there are changes with Health, Medication, or contact information. Please forward the updated information to either Junelle or Nicole.

