

*Live Oak Adult Day Services Activity Schedule
March 2018*

FEBRUARY MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>This institution is an equal opportunity provider</i>			1. 9:30 Pre-schoolers Visit 10:00 Exercise Class 11:00 Puzzles & Ponderings 12:00 Lunch 1:15 Bridge-O	2. 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Craft Project
5. 9:00 Fun & Games w/ Gil 10:00 Exercise Class 11:00 Accordion Band 12:00 Lunch 1:15 Bird Bingo	6. 10:00 Exercise Class 11:00 Allen Douglas at the piano 12:00 Lunch 1:15 Guest Speaker—Sara—on fishing	7. 10:00 Exercise Class 11:00 Ragtime piano w/Chris & Jack 12:00 Lunch 1:15 Art Class with Marilyn	8. 10:00 Exercise Class 11:00 Armchair Travel with Arne 12:00 Lunch 1:30 Dominoes	9. 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Pinnacles Park Ranger
12 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Bridge-O	13. 10:00 Exercise Class 11:00 Coyote Lake Park Ranger 12:00 Lunch 1:15 WELCOME sign	14. 10:00 Exercise Class 11:00 Tail Waggers—puppies! 12:00 Lunch 1:30 Pet therapy visit with Roy & Sophia	15. 9:00 Breakfast presentation by Telephone Access Program 10:00 Exercise Class 11:00 12:00 Lunch 1:15 Pet Therapy w/Kathy & Leon	16. 10:00 Exercise Class 11:00 Music/dancing with Linda 12:00 Lunch 1:30 Country Western Line Dancers
19. 10:00 Exercise Class 11:00 Guest Speaker—Renette Torres 12:00 Lunch 1:15 Bingo	20. 10:00 Exercise Class 11:00 Music with Hermann 12:00 Lunch 1:00 Side by Siders Choir	21. 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:30 Space Talk with C.C. Culver	22. 10:00 Exercise Class 11:00 Trivia Contest 12:00 Lunch 1:30 Tail Waggers –puppies!	23. 10:00 Exercise Class 11:00 Bowling 12:00 Lunch 1:15 Bridge-O
26. 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 Music w/Bill Martin 12:00 Lunch 1:15 Uno	27. 10:00 Exercise Class 11:00 Marilyn Sander at the piano 12:00 Lunch 1:15	28. 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Art Class with Marilyn	29. 10:00 Exercise Class 11:00 Music Appreciation 12:00 Lunch 1:15 Bridge-O	30. 10:00 Exercise Class 11:00 Health Talk 12:00 Lunch 1:15 “The Sound of Music”