

Monday

Tuesday

Wednesday

Thursday

Friday

MARCH 2018

Lunch Menu*

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			1	2
			Roast Pork w/ Gravy Fresh Roasted Red Potatoes Malibu Vegetables Whole Wheat Roll Apple Crisp	Baked Fish Lemon Pasta Spinach With Minced Onion Garden Salad With Broccoli Cantaloupe
5	6	7	8	9
Pork Fried Rice Green Peas & Carrots Asian Blend Vegetables Fresh Apple	Lemon & Herb Chicken Italian Wedding Soup Garlic Bread Herbed Zucchini Broccoli Slaw Seasonal Fruit	Beef Pot Roast Whole Wheat Roll Potatoes, Carrots, & Celery Garlic Green Beans Mandarin Orange	Baked Fish With Lemon & Dill Sauce Brown Rice Pilaf Malibu Vegetables Coleslaw Ambrosia Salad	Cheese Enchilada Casserole Fiesta Vegetables Chuckwagon Corn Fresh Banana
12	13	14	15	16
BBQ Chicken Cornbread Capri Vegetables Romaine Salad With Red Bell Peppers Seasonal Fruit	Beef & Turkey Loaf Whole Wheat Roll Mashed Potatoes Glazed Carrots Mandarin Oranges	Sesame Pork Brown Rick Stir Fry Broccoli, Bell Peppers & Onions Fresh Asian Slaw Seasonal Fruit	Chick Paprika Whole Wheat Pasta Fresh Zucchini Spinach Salad Fresh Banana	Margherita Pizza Italian Vegetables Caesar Salad Mandarin Orange
19	20	21	22	23
Turkey & Vegetable Casserole Biscuit Garden Salad Seasonal Fruit	Roast Pork With Honey Apple Sauce Whole Wheat Roll Garlic Green Beans Baked Sweet Potatoes Chilled Peaches	Chicken Chop Suey Brown Rice Tossed Salad With Sesame Dressing Mandarin Orange	Beef Chili Colorado Noodle Soup Corn Tortilla Fresh Pinto Beans Fiesta Slaw Fresh Bananas	Herbed Salmon White Rice Glazed Carrots Garden Salad Carrot Cake
26	27	28	29	30
Braised Beef Whole Wheat Roll Mashed Potatoes Broccoli Spears Seasonal Fruit	Chicken Cacciatore Pasta Peas & Carrots Fresh Tossed Salad Mandarin Oranges	BBQ Pulled Pork Sandwich On Whole Wheat Bun Corn on the Cob Coleslaw Fresh Banana	Oriental Shoyu Chicken Asian Soup White Rice Stir Fry Vegetables Seasonal Fruit	Spinach Quiche Whole Grain Bread Fresh Roasted Red Potatoes Fruit Gelatin With Tropical Fruit

*Milk is always offered at lunch.

ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY.