



Live Oak Adult Day Services in Cupertino Activity Schedule April 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>10:00 B'Day Word Game "John"</p> <p>11:00 Music with Peter and Joe</p> <p>1:00 Exercise with Karley</p>	<p>3</p> <p>10:00 News & Puzzles</p> <p>11:00 Speaker: Renette Torres</p> <p>1:00 All About Passover With Gayle</p> <p>1:30 Bunco / Yahtzee</p>	<p>4</p> <p>10:00 News & Puzzles</p> <p>11:00 Stretch & Exercise Game</p> <p>1:00 Art</p> <p>2:00 Sing-a-long</p>	<p>5</p> <p>10:00 News & Puzzles</p> <p>11:00 B'Day Word Game "Margaret"</p> <p>12:30 <i>Michi & Maryann</i></p> <p>1:00 Exercise with Jackie</p>	<p>6</p> <p>10:00 News & Puzzles</p> <p>11:00 Music with Lisa and Franz</p> <p>1:00 Stretch</p> <p>1:30 Bingo</p>
<p>9</p> <p>10:00 News & Puzzles</p> <p>11:00 Stretching</p> <p>11:15 Music with Craig</p> <p>1:00 Art</p> <p>2:00 Trivia</p>	<p>10</p> <p>10:00 News & Puzzles</p> <p>11:00 Stretch & Exercise Game</p> <p>1:00 Planting with Betty</p> <p>2:00 Trivia</p>	<p>11</p> <p>10:00 News & Puzzles</p> <p>11:00 Jingo</p> <p>1:00 Furry Friends Visit</p> <p>1:30 Stretch & Exercise Game</p>	<p>12</p> <p>10:00 News & Puzzles</p> <p>11:00 Music with Danny K.</p> <p>1:00 U.S Jingo</p> <p>2:00 Trivia</p>	<p>13</p> <p>10:00 News & Puzzles</p> <p>11:00 Music with Johnny Fabulous</p> <p>1:00 Stretch</p> <p>1:30 Bingo</p>
<p>16</p> <p>10:00 News & Puzzles</p> <p>11:00 <i>Short Films with Ann</i></p> <p>1:00 Stretch & Exercise Game</p> <p>2:00 Trivia</p>	<p>17</p> <p>9-12:30 St. Andrews School</p> <p>10:00 News & Puzzles</p> <p>11:00 Arts & Crafts</p> <p>1:00 Music Jingo</p>	<p>18</p> <p>10:00 News & Puzzles</p> <p>11:00 Bridgo</p> <p>1:00 B-Day Celebrations with Vic and Friends</p>	<p>19</p> <p>10:00 News & Puzzles</p> <p>11:00 Lei Nani Hula Dancers</p> <p>12:30 <i>Michi & Maryann</i></p> <p>1:15 B'Day Word Game "Greg"</p>	<p>20</p> <p>10:00 News & Puzzles</p> <p>11:00 Music with Henry</p> <p>1:00 Stretch</p> <p>1:30 Bingo</p>
<p>23</p> <p>10:00 News & Puzzles</p> <p>11:00 Exercise with Jackie</p> <p>1:00 Music with Maddaline</p>	<p>24</p> <p>10:00 News & Puzzles</p> <p>11:00 Stretch & Bean Bag Toss</p> <p>1:00 Calendar Art</p> <p>2:00 Trivia</p>	<p>25</p> <p>10:00 News & Puzzles</p> <p>11:00 Exercise with Mimi</p> <p>1:00 Music with Lizz Fischer</p>	<p>26</p> <p>10:00 B'Day Word Game "Jack T."</p> <p>11:00 Music with Bob s Gang</p> <p>1:00 Stretch & Bowl</p>	<p>27</p> <p>10:00 News & Puzzles</p> <p>11:00 Exercise with Karley</p> <p>1:00 Stretch</p> <p>1:30 Bingo</p>
<p>30</p> <p>10:00 News & Puzzles</p> <p>11:00 Stretch & Exercise Game</p> <p>1:00 Music Jingo</p> <p>2:00 Trivia</p>				

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mediterranean Chicken Summer Squash Spinach Salad	3 Glazed Pork Chop Baked Sweet Potato Broccoli Spears	4 Beef Lasagna Italian Vegetables Fresh Caprese Salad	5 Turkey Sandwich & Tomato Soup	6 Fish Sandwich W.W. Bun Sweet Potato Fries Pineapple Slaw
9 Roast Beef w/ Au Jus Baked Potato Broccoli Spears	10 Teriyaki Chicken Brown Rice Stir Fry Vegetables	11 Pork Ragu w/ Baked Ziti Peas & Carrots Romaine Salad	12 Beef Stuffed Cabbage Rolls Roasted Cauliflower Carrot Salad	13 Greek Chicken Sandwich & Soup
16 Chicken Curry Basmati Rice Roasted Cauliflower Carrot Salad	17 Swedish Meatballs Penne Pasta Broccoli Spears Fresh Tossed Salad	18 Honey Mustard Chicken Wild Rice Herbed Carrots Salad	19 Chinese Chicken Salad & Applesauce	20 Baked Fish Pasta Spinach Fresh Salad
23 Pork Fried Rice Peas & Carrots Asian Vegetables	24 Lemon & Herb Chicken Zucchini Broccoli Slaw	25 Beef Pot Roast Potatoes & Carrots Garlic Green Beans W.W. Roll	26 Baked Fish w/ Lemon and Dill Brown Rice Coleslaw w/ Carrots	27 Cheese Enchilada Casserole Corn Tortilla Chuckwagon Corn
30 BBQ Chicken Cornbread Capri Vegetables Romaine Salad				

*All meals include milk and wholegrain or enriched bread.

*All meals are low salt, low fat and contain no added sugar.

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Welcome April!



Alzheimer's Association Caregiver Support Group

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, April 19 at 1:30 p.m. in the Fireside Room of the St. Jude's Church