



Live Oak Adult Day Services in Cupertino Activity Schedule June 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10:00 News & Puzzles 11:00 Stretch & Basketball 1:00 Bingo
4 10:00 News & Puzzles 11:00 Exercise with Karley 1:00 Art Project 2:00 Word Games	5 10:00 News & Puzzles 11:00 Music Jingo 1:00 Bird-House Craft 2:00 Trivia	6 10:00 News & Puzzles 11:00 Speaker: Rennette Torres 1:00 Stretch & Exercise Game 2:00 Sing-a-long	7 10:00 News & Puzzles 11:00 Stretch & Bowl 1:00 Bunco/Yahtzee 2:00 Trivia	8 10:00 News & Puzzles 11:00 Music with Johnny Fabulous 1:00 Stretch 1:30 Bingo
11 10:00 News & Puzzles 10:30 County Fair! With <i>Animal Assisted Happiness!</i> 1:00 Exercise with Jackie 2:00 Trivia	12 10:00 News & Puzzles 11:00 Music with Pilo Ho'okone Band Lei Nani Hula Dancers 1:00 Bridgo 2:00 Word games	13 10:00 News & Puzzles 11:00 Exercise with Mimi 1:00 Furry Friends 1:30 Bday Word Game "Silvia"	14 10:00 News & Puzzles Flag Day 11:00 Music with Danny K 12:30 <i>Michi & Maryann</i> 1:00 Stretch & Exercise Game	15 10:00 News & Puzzles 11:00 Music with Henry 1:00 Stretch 1:30 Bingo
18 0:00 News & Puzzles 11:00 Exercise with Jackie 1:00 Bday Word Game "Eileen" 2:00 Trivia	19 10:00 News & Puzzles 11:00 Father's Day Celebration! 1:00 All about Baseball 2:00 Dad's Trivia	20 10:00 Bday Word Game "Mai" 11:00 Exercise with Mimi 1:00 B-Day Celebrations With Vic and Friends	21 10:00 News & Puzzles Summer Solstice 11:00 Music with Craig saxophone 1:00 Calendar Art	22 10:00 News & Puzzles 11:00 Bday Word Game "Gayle" 1:00 Stretch 1:30 Bingo
25 10:00 News & Puzzles 11:00 Exercise with Jackie 1:00 Music with Maddaline 2:00 Trivia	26 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Trivia Challenge 1:30 Cupertino High School Dancers	27 10:00 Bday Word Game "Ernie" 11:00 Exercise with Mimi 1:00 Music with Lizz Fischer 2:00 Trivia	28 10:00 News & Puzzles 11:00 Music with Bob's Gang 1:00 Bday word game "Craig" 2:00 Trivia	29 10:00 News & Puzzles 11:00 Music with the Stargeezers 1:00 Bingo

June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Puffed Pastry with Spinach, Mushroom & Cheese Vegetable Blend Tossed Salad
4 Chicken Parmesan with Pasta Broccoli Spears Mixed Salad	5 Pork Pad Thai Rice Noodles Cabbage with Onions Tossed Salad	6 Chinese Chicken Salad	7 Dijon Herb Crusted Fish Wild Rice Garlic Spinach Cucumber Salad	8 Carne Asada Spanish Rice Black Beans Corn Fiesta Slaw
11 Chicken Farro & Apple Salad	12 Tilapia Vera Cruz Cilantro Rice Herbed Zucchini Carrot Salad	13 Chicken Alfredo with Pasta Broccoli Spears Garden Salad	14 Beef Shepherd's Pie Mashed Potatoes Spinach Salad W.W. Roll	15 Chicken Adobo Brown Rice Peppers, Onions, Cabbage & Broccoli
18 Chef Salad	19 Pork Char Siu Brown Rice Vegetable Blend Asian Slaw	20 Cheese Enchilada Casserole Pinto Beans Corn Tortilla	21 B.B.Q. Chicken Baked Beans Tossed Salad Corn Bread	22 Spaghetti & Meatballs Vegetable Blend Mixed Salad
25 Beef Lasagna Italian Blend Vegetables Caprese Salad	26 Breaded Fish Taco with Mango Salsa Pinto Beans Fiesta Slaw	27 Crispy Chicken Vegetable Blend Mixed Salad W.W. Roll	28 Hungarian Beef Goulash Noodles Peas & Carrots Tossed Salad	29 Pork Chile Verde Spanish Rice Herbed Zucchini Mexican Corn Salad

*All meals include milk and wholegrain or enriched bread.

*All meals are low salt, low fat and contain no added sugar.

“In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.”

June 2018

Happy Father's Day!



Alzheimer's Association Caregiver Support Group

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, June 21st at 1:30 p.m. in the Fireside Room of the St. Jude's Church