

**Live Oak Adult Day Services Activity Schedule
January 2019**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| | 1. <i>CLOSED—NEW YEAR’S DAY</i> | 2. 10:00 Exercise Class 11:00 Music with Hermann 12:00 Lunch 1:15 Bingo 2:15 A Toast to the New Year! | 3. 10:00 Exercise Class 11:00 Guest Speaker—Mike Monroe—local history 12:00 Lunch 1:15 Bridge-O | 4. 10:00 Exercise 11:00 Ukelele music with Linda Tarvin 12:00 Lunch 1:15 Watercolor Painting |
| 7. 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 Accordion Band 12:00 Lunch 1:15 Trivia Contest | 8. 10:00 Exercise Class 11:00 Allen Douglas at the piano 12:00 Lunch 1:15 Puzzles & Ponderings | 9. 10:00 Exercise Class 11:00 Tail Waggers—puppies 12:00 Lunch 1:15 Pet Therapy visit | 10. 9:30 Pre-schoolers visit 10:00 Exercise Class 11:00 Armchair Travel with Arne 12:00 Lunch 1:15 Music with Martin | 11. 10:00 Exercise Class 11:00 “Family Feud” 12:00 Lunch 1:15 Bingo |
| 14 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Armchair travel with Sue Baker CLOSED—VETERANS DAY | 15 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Art Class with Marilynn | 16. 10:00 Exercise Class 11:00 Ragtime with Chris & Jack 12:00 Lunch 1:15 Space Talk with C.C. Culver | 17. 10:00 Exercise Class 11:00 “I Have a Dream” activity 12:00 Lunch 1:15 Pet therapy visit with Kathy & Leon | 18. 10:00 Exercise Class 11:00 Music/dancing with Linda P. 12:00 Lunch 1:30 Country Western Line Dancers |
| 21. CLOSED FOR MARTIN LUTHER KING’S BIRTHDAY | 22. 10:00 Exercise Class 11:00 Marilyn Sander at the piano 12:00 Lunch 1:15 Art Class with Marilynn | 23. 10:00 Exercise Class 11:00 Trivia Contest 12:00 Lunch 1:15 Bridge-O | 24. 10:00 Exercise Class 11:00 Wacky Headlines 12:00 Lunch 1:15 Bird Feeder Craft | 25. 10:00 Exercise Class 11:00 Health Talk with Linda 12:00 Lunch 1:15 Bingo |
| 28. 10:00 Exercise Class 11:00 Music & dancing with Bill Martin 12:00 Lunch 1:15 Uno | 29. 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:30 Park Ranger Talk—Anderson Lake | 30. 10:00 Exercise Class 11:00 Scavenger Hunt 12:00 Lunch 1:15 Bingo | 31. 10:00 Exercise Class 11:00 12:00 Lunch 1:15 Bridge-O | <i>This institution is an equal opportunity provider</i> |