



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
|  January 2019 LOS GATOS – Live Oak Adult Day Services: ACTIVITIES | 1 10:30am Current events/ History events 11:00 Outdoor walk w/ Nature 1:30pm STARS & PLANETS SHOW/General Knowledge | 2 10:30am Current events/ History events 11:00 Cranium Crunches 1:00pm Exercise 2:15 Dominos & Dice games | 3 10:30am Bill Martin: Singing & Dancing 11:30 Current events/ History time 1:00pm Bridge- card game 2:15 Family Feud game | 4 10:30am Current events/ History events 11:00 Alphaball/ Word game 1:00pm MUSIC: Blues w/ Linda 2:15 Scrabble / Dice game |
| 7 10:30am Weekend talk, Current events/ History time 11:00am Cranium Crunches/Brain Boosting games 1:00pm General Knowledge Games 2:15 pm Trivia questions | 8 10:30am Current events/ History events 11:00 Outdoor walk w/ Nature 1:30pm STARS & PLANETS SHOW/General Knowledge | 9 10:30am Current events/ History events 11:00 Singing w/ COCO 1:00pm Exercise 2:15 Dominos & Dice games | 10 10:30am Bill Martin: Singing & Dancing 11:30 Current events/ History time 1:00pm Bridge- card game 2:15 Family Feud game | 11 10:30am Current events/ History time 11:00am Cranium Crunches/ Brain Boosting game 1:00pm Alphaball/Word game 2:15 Scrabble/ dice game |
| 14 10:30am Danny w/ Guitar 11:30 Weekend talk, Current events/ History time 1:00pm SUDOKU 2:15 Board Games/ Dice games | 15 10:30am Current events/ History events 11:00 Outdoor walk w/ Nature 1:00pm: Chair YOGA | 16 10:30am MUSIC: Blues w/ Linda 11:00 Cranium Crunches/Brain Boosting games 1:00pm Exercise 2:15 Dominos & Dice games | 17 10:30am Bill Martin: Singing & Dancing 11:30 Current events/ History time 1:00pm Bridge- card game 2:15 Family Feud game | 18 10:30am Current events/ History events 11:00 Ragtime Music – Piano w/Marilyn 1:00pm 2:15pm Board games |
| 21 10:30am Current events/ History events 11:00 Singing w/ COCO 1:00pm Exercise 2:15 Dominos & Dice games | 22 10:30am Current events & History 11:00 Cranium Crunches 1:00pm SUDOKU 2:15pm Trivia questions/ Discussions | 23 10:30am Current events/ History events 11:00 Cranium Crunches/Brain Boosting games 1:00pm Exercise 2:15 Dominos & Dice games | 24 10:30am Bill Martin: Singing & Dancing 11:30 Current events/ History time 1:00pm Bridge- card game 2:15 Family Feud game | 25 10:30am Piano w/Songs by Maddaline 11:30 Current events/History time 1:00pm Bean Bag Toss 2:15 Jokes & games |
| 28 10:30am Weekend talk, current events & History 11:00 Brain Boosting games 1:30pm Vic & Friends MUSIC 2:15pm Trivia questions | 29 10:30am Current events/ History events 11:00 Outdoor walk w/ Nature 1:00pm: Chair YOGA | 30 10:30am Current events/ History events 11:00 Cranium Crunches/Brain Boosting Games 1:00pm Exercise 2:15 Dominos & Dice games | 31 10:30am Bill Martin: Singing & Dancing 11:30 Current events/ History time 1:00pm Bridge- card game 2:15 Family Feud game |  LOS GATOS – Live Oak Adult Day Services: ACTIVITIES Calendar |

ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY.