




March 2019 – PROGRAM ACTIVITIES CALENDAR Live Oak Adult Day Services at LOS GATOS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<i>ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY.</i>	1 10:30am Current events/History time 11:00am ART WORK 1:00pm MUSIC: Blues w/Linda 2:15pm Board Games & Trivia
4 10:30am Weekend talk, Current events/History time 11:00am Brian Boosting Games 1:00pm Exercise & Singing 2:15pm Board games & Trivia Time	5 10:30am Current events/History time 11:00am Singing w/COCO 1:00pm STARS & PLANETS SHOW by (CC) -- General Knowledge	6 10:30am Current events/History time 11:00am Bean Bag Toss & word Puzzles 1:00pm Body Exercise by (LARRY) 2:15pm Board Games & Trivia Time	7 10:30am Singing & Dancing w/ Bill Martin 1:00pm BRIDGE: Card Game 2:15pm Board Games & Family Feud game	8 10:30am Current events/History time 11:00am Exercise & Brain Boosting Games 1:00pm Bean Bag Toss 2:15pm Scrabble/Games
11 10:30am Weekend talk, Current events/ History time 11:00am Cranium Crunches 1:00pm Piano w/Songs by Maddaline 2:15 pm Trivia questions/ Discussions	12 10:30am Current events/History events 11:00 Outdoor walk 1:30pm STARS & PLANETS SHOW by (CC) -- General Knowledge	13 10:30am Current events/History time 11:00am STAR GEEZERS by JIM & friends (Music) 1:00pm Body Exercise by (LARRY) 2:15pm Board Games & Trivia Time	14 10:30am Singing & Dancing w/ Bill Martin 1:00pm BRIDGE: Card Game 2:15pm Board Games & Family Feud game	15 10:30am Current events/History events 11:00 Ragtime Music – Piano by /Marilyn 1:00pm 2:15pm Board games & Trivia Time
18 10:30am Weekend talk, Current events/History time 11:00am Brian Boosting Games 1:00pm Exercise & Singing 2:15pm Board games & Trivia Time	19 10:30am Current events/History events 11:00 Outdoor walk w/ Nature 1:00pm: Chair YOGA w/ Mythri 2:15pm Games	20 10:30am Current events/History time 11:00am ART WORK 1:00pm Body Exercise by (LARRY) 2:15pm Board Games & Trivia Time	21 10:30am Singing & Dancing w/ Bill Martin 1:00pm BRIDGE: Card Game 2:15pm Board Games & Family Feud game	22 10:30am Current events/History time 11:00am Exercise & Brain Boosting Games 1:00pm Bean Bag Toss 2:15pm Scrabble/Games
25 10:30am Weekend talk, current events & History 11:00 Cranium Crunches 1:30pm Vic & Friends MUSIC 2:15pm Trivia questions/ Discussions	26 10:30am Current events/History events 11:00 Outdoor walk w/ Nature 1:00pm: Laughing YOGA w/ Claire 2:15pm Board Games & Trivia Time	27 10:30am Current events/History time 11:00am Bean Bag Toss & word Puzzles 1:00pm Body Exercise by (LARRY) 2:15pm Board Games & Trivia Time	28 10:30am Singing & Dancing w/ Bill Martin 1:00pm BRIDGE: Card Game 2:15pm Board Games & Family Feud game	29 10:30am Current events/History time 11:00am Exercise & Brain Boosting Games 1:00pm Bean Bag Toss 2:15pm Scrabble/Games