



Live Oak Adult Day Services in Cupertino Activity Schedule May 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Family Feud	2 10:00 News & Puzzles 11:00 Music with Craig 12:30 Michi & Maryann 1:00 Art - Tea Party Invites	3 10:00 News & Puzzles 11:00 Bingo 1:00 Cinco De Mayo Celebration
6 10:00 News & Puzzles 11:00 Exercise with Jackie 1:00 History of National Parks Video	7 10:00 Exercise with Kelly 11:00 Current Events 1:00 Mother's Day Art with Anjali	8 10:00 News & Puzzles 11:00 Planting with Gayle 1:00 Furry Friends Visit 1:15 Bunco/ Yahtzee	9 10:00 News & Puzzles 11:00 Music with Danny K 1:00 Space with CC Culver 2:00 Trivia	10 10:00 News & Puzzles 11:00 Music with Johnny Fabulous 1:00 Bingo
13 10:00 News & Puzzles 11:00 Exercise with Jackie 1:00 Mother's Day Tea Party! <i>with Special Guests Lisa & Franz</i>	14 10:00 Exercise with Kelly 11:00 Current Events 1:00 Music Jingo	15 10:00 News & Puzzles 11:00 Stretch & Exercise 1:00 B-Day Celebrations With Vic & Friends	16 10:00 News & Puzzles 11:00 Lei Nana Hula Dancers & the Pilo Ho'okani Band 12:30 Michi & Maryann 1:00 B'Day Word Game "AI"	17 10:00 News & Puzzles 11:00 Music with Henry 1:00 Yoga w/ Tamara
20 10:00 News & Puzzles 11:00 Music with Jazzberry Jam 1:00	21 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Art with Anjali?	22 10:00 News & Puzzles 11:00 Exercise with Mimi 1:00 Music with Lizz Fischer	23 10:00 News & Puzzles 11:00 Music with Bob's Gang 1:00 B'Day Word Game "Marie"	24 10:00 News & Puzzles 11:00 B'Day Word Game "Margaret" 1:00 Bingo
27 HOLIDAY MEMORIAL DAY	28 10:00 Exercise with Kelly 11:00 Current Events 1:00 B'Day Word Game "Larisa"	29 10:00 News & Puzzles 11:00 Stretch & Exercise Game 1:00 Calendar Art	30 10:00 News & Puzzles 11:00 Stretch & Bowl 1:00 Music With Maddeline	31 10:00 News & Puzzles 11:00 Breathe America 1:00 Bingo

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fish with Soy Sauce Brown Rice Vegetable Blend Asian Slaw	2 Chicken with Paprika Cream Sauce W.W. Pasta Herbed Zucchini Spinach Salad	3 Beef & Turkey Taco Spanish Rice Pinto Beans Garden Salad
6 Shepard's Pie with Potatoes, Peas & Carrots Garden Salad	7 Roast Pork with Apple Berry Sauce Garlic Green Beans Sweet Potatoes	8 Chicken Chop Suey Brown Rice Garden Salad	9 Beef Chile Colorado Pinto Beans Fiesta Slaw	10 Italian Fish Wild Rice Vegetable Blend Garden Salad
13 Beef Burgundy Mashed Potatoes Broccoli W.W. Breadstick	14 Chicken Pastina W.W. Pasta Peas & Carrots Garden Salad	15 BBQ Pulled Pork Sandwich Golden Corn Coleslaw	16 Shoyu Chicken Brown Rice Stir Fry Vegetables	17 Broccoli & Cheese Frittata Garlic Spinach Roasted Potatoes
20 Lemon & Herb Chicken Herbed Zucchini Broccoli & Cauliflower	21 Balsamic Glazed Pork Herbed Carrots Broccoli	22 Meat Lasagna Vegetable Blend Caprese Salad W.W. Breadstick	23 Turkey Sandwich & Salad	24 Soup & Chicken Barley Salad
27 Holiday	28 Teriyaki Chicken Brown Rice Vegetable Stir Fry Mandarin Oranges	29 Pork & Noodles W.W. Pasta Peas & Carrots Garden Salad	30 Beef & Turkey Cabbage Bake Cauliflower Carrot & Raisin Salad	31 Vegetarian Pasta Primavera with Broccoli, Carrots & Tomato Garden Salad

*All meals include milk and wholegrain or enriched bread.

*All meals are low salt, low fat and contain no added sugar.

"In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability."

May 2019

Happy Mother's Day!



Please join us for our annual

Mother's Day Tea Party!

on Monday, May 13th from 1 to 3pm

Tea and Desserts will be served. Entertainment provided by ***Lisa and Franz!***

Please RSVP with the staff

Alzheimer's Association Caregiver Support Group

Sponsored by the Alzheimer's Association, our caregiver group is available to anyone in the community caring for someone with memory loss. It is offered on a drop in basis on the third Thursday of each month. Charlie Niemeyer is the facilitator. Next meeting is Thursday, May 16, at 1:30 p.m. in the Fireside Room of the St. Jude's Church