

**Live Oak Adult Day Services Activity Schedule
September 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. <i>CLOSED - LABOR DAY</i>	3. 10:00 Exercise Class 11:00 Puzzles & Ponderings 12:00 Lunch 1:15 Watercolor Painting	4. 10:00 Exercise Class 11:00 History Talk with Mike Monroe 12:00 Lunch 1:15 Art Class with Marilyn	5. 10:00 Exercise Class 11:00 Ragtime duets with Chris & Jack 12:00 Lunch 1:15 Guest speaker—Gloria— on New York City	6. 10:00 Exercise Class 11:00 "Lady Fingers" Guitar Duo 12:00 Lunch 1:15 Bingo
9. 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 California joins the Un- ion 1850—Calif. Trivia/word games 12:00 Lunch 1:15	10. 10:00 Exercise Class 11:00 Watercolor Painting 12:00 Lunch 1:15 Bridge-O	11. 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Pet therapy visit	12. 10:00 Exercise Class—Laugh Yoga! 11:00 Armchair Travel with Arne Kalma 12:00 Lunch 1:15	13. 10:00 Exercise Class 11:00 Allen Douglas at the piano 12:00 Lunch 1:15 Scavenger Hunt
16. Mexican Independence Day 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 Accordion Band 12:00 Lunch 1:15 Mexican music, games	17. 10:00 Exercise Class 11:00 Storyteller Margo 12:00 Lunch 1:15 Trivia Contest	18. 10:00 Exercise Class 11:00 Loteria 12:00 Lunch 1:15 Space Talk with C.C.	19. 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Beading project with Teresa Floyd	20. 10:00 Exercise Class 11:00 Music/dancing with Linda P. 12:00 Lunch 1:30 Country Western Line Dancers
23. 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 Music & dancing with Bill Martin 12:00 Lunch 1:15 Uno	24. 10:00 Exercise Class 11:00 Bingo 12:00 Lunch 1:15 Art Class with Marilyn	25. 10:00 Exercise Class 11:00 Marilyn Sander at the piano 12:00 Lunch 1:15 Bridge-O	26. 10:00 Exercise Class 11:00 Singer Teresa Neves 12:00 Lunch 1:15 Pet therapy visit	27. 10:00 Exercise Class 11:00 Craft project 12:00 Lunch 1:15 Bad Joke Friday
30. Rosh Hashanah 9:00 Fun & Games with Gil 10:00 Exercise Class 11:00 Apple painting 12:00 Lunch 1:15 Apple sampling				<i>This institution is an equal opportunity provider</i>