










September 2019– PROGRAM ACTIVITIES CALENDAR

Live Oak Adult Day Services at LOS GATOS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>Live Oaks Adult Day Service will be closed</p>	<p>3</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 10:30 Laughing Yoga w/Claire 11:30 Puzzles 12:00 Lunch 1:15 STARS & PLANETS SHOW by CC 2:30 Bowling</p> 	<p>4</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Making Melody w/LOADS Crew 12:00 Lunch 1:00 Bocce Ball 2:00 Trivia Time</p> 	<p>5</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Music w/ Bill Martin 11:00 Blood pressure test 11:30 Puzzles 12:00 Lunch 1:00 Bridge 2:00 Art Project w/Liz</p> 	<p>6</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Chair Yoga w/Mythri 12:00 Lunch 1:00 Travel to Hawaii 2:00 Afternoon at the Movies</p> 
<p>9</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Danny singing w/Guitar 11:30 Puzzles 12:00 Lunch 1:00 Chair Yoga w/Jackie 2:00 Family Feud</p>	<p>10</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Yoga w/Cindy 12:00 Lunch 1:00 Making Melody w/LOADS Crew 2:00 Table Volleyball</p> 	<p>11</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Singing w/CoCo 12:00 Lunch 1:15 Star Geezers Band 2:00 Trivia Time</p> 	<p>12</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Music w/ Bill Martin 11:30 Puzzles 12:00 Lunch 1:00 Bridge 2:00 Art Project w/Liz</p>	<p>13</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Yoga w/Cindy 12:00 Lunch 1:00 Blues w/Linda SINGING 2:00 Bingo</p>
<p>16</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Chair Yoga w/Jackie 12:00 Lunch 1:00 Singing w/CoCo 2:00 Outdoor walk</p>	<p>17</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Laughing Yoga w/Claire 11:30 Puzzles 12:00 Lunch 1:15 STARS & PLANETS SHOW by CC 2:00 Yahtzee</p>	<p>18</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Blues w/Linda SINGING 11:30 Puzzles 12:00 Lunch 1:00 Bocce Ball 2:00 USA Jingo</p> 	<p>19</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Music w/ Bill Martin 11:30 Puzzles 12:00 Lunch 1:00 Bridge 2:00 Art Project w/Liz</p>	<p>20</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Yoga w/Cindy 12:00 Lunch 1:00 Outdoor walk 2:00 Afternoon at the Movies</p> 
<p>23</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Piano & Singing w/ Maddaline 12:00 Lunch 1:00 Game of Horseshoes 1:30 MUSIC by Vic & Friends</p> <p>Volunteer: Terry Wang</p>	<p>24</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Yoga w/Cindy 12:00 Lunch 1:00 Making Melody w/LOADS Crew 2:00 Bowling</p>  <p>Volunteer: Terry Wang</p>	<p>25</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Dorene Vittel - Ukulele and sing along 12:00 Lunch 1:00 Bocce Ball 2:00 Trivia Time</p> 	<p>26</p> <p>9:00 Continental Breakfast 10:00 Morning News 10:30 Music w/ Bill Martin 11:30 Puzzles 12:00 Lunch 1:00 Bridge 2:00 Art Project w/Liz</p>	<p>27</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Chair Yoga w/Mythri 12:00 Lunch 1:00 Bean Bag Toss 2:00 Bingo</p> 
<p>30</p> <p>9:00 Continental Breakfast 10:00 Morning News & Puzzles 11:00 Timo - Steel Drum from San Jose 12:00 Lunch 1:00 Outdoor walk 1:30 The Squeezebox Gals 2:30 Family Feud</p> 