

## September 2019 Lunch Menu (Los Gatos)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day CLOSED	3 cheesesteak sandwich potatos peppers banana	4 Tandoori chicken quinoa salad orange	5 taco al pastor pinto beans corn cantaloupe	6 meatloaf sandwich salad fruit
9 turkey sandwich Fiesta slaw fruit	10 Chinese chicken salad W.W. bread fruit	11 honey ginger pork loin peas slaw tropical fruit	12 Chile lime chicken brown rice vegetables salad banana	13 spaghetti and meatballs broccoli florets garden salad fruit
16 chicken adobo pineapple rice vegetables fruit	17 pork & chimichurri red potatoes diced carrots apple	18 chicken Alfredo pasta broccoli garden salad fruit	19 tuna sandwich coleslaw fruit	21 Shepherd's pie mashed potato spinach salad gelatin w/ oranges
23 Chile relleno zucchini corn cantaloupe	24 carne asada Spanish rice black beans fiesta slaw peach crisp	25 curry apple & chicken wrap salad fruit	26 pork char siu brown rice vegetables Asian slaw fruit	27 BBQ chicken corn chowder baked beans garden salad fruit
30 lasagna vegetables Caprese salad fruit				

# SEPTEMBER 2019



*LIVE OAK WILL BE CLOSED ON MONDAY,  
SEPTEMBER 2<sup>ND</sup>, FOR LABOR DAY.*

**LIVE OAK provides a specialized program of adult day care. Our dedicated staff offers compassionate care and a loving and safe environment, along with stimulating activities. Additionally the program provides caregivers with support and respite.**

**All persons aged 60 or over are eligible and welcome!**

\*All meals include milk and wholegrain or enriched bread.

\*All meals are low salt, low fat and contain no added sugar.