

Live Oak Adult Day Services: ZOOM Activity Calendar

January, 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| **ALL PERSONS AGED 60 OR ABOVE ARE ELIGIBLE WITHOUT REGARD TO RACE, NATIONAL ORIGIN, GENDER OR DISABILITY** | | | | |
| 1 CLOSED New Years Holidays | | | | |
| 4 | 5 | 6 | 7 | 8 |
| 10:00-10:30 News, Game 10:30-10:45 Margo Storyteller 10:45-11:30 Music w/ Bill Martin 11:30-11:50 Exercise w/ Staff 11:50-12:00 Video Clip Nicole, Silvia, Larisa | 10:00-10:30 News, Game 10:15-11:00 Johnny Fabulous 11:00-11:45 Exercise w/ Cyndi 11:45-12:00 Trivia Junelle, Moana, Liz | 10:00-10:30 News, Game 10:30-11:00 Art w/ Staff 11:00-11:45 Exercise w/ Lori 11:45-12:00 Video clip Nicole, Larisa, Liz | 10:00-10:15 News 10:15-10:30 Exercise w/ Staff 10:30-11:00 Animal Assisted Happiness 11:00-11:45 Music w/ Timo 11:45-12:00 Game Junelle, Lisa, Liz, Larisa, Moana | 10:00-10:30 News, Game 10:30-11:15 Exercise w/ Jackie 11:15-11:30 Trivia 11:30-12:00 Bingo Ann, Lisa, Silvia |
| 11 | 12 | 13 | 14 | 15 |
| 10:00-10:30 News, Game 10:30-10:45 Margo Storyteller 10:45-11:30 Music w/ Bill Martin 11:30-11:50 Exercise w/ Staff 11:50-12:00 Video Clip Nicole, Silvia, Larisa | 10:00-10:40 News, Game 10:40-11:00 Sing-A-Long w/ Staff 11:00-11:45 Exercise w/ Cyndi 11:45-12:00 Video Clip Junelle, Moana, Liz | 10:00-10:30 News, Game 10:30-11:00 Art w/ Staff 11:00-11:45 Exercise w/ Lori 11:45-12:00 Video clip Nicole, Larisa, Liz | 10:00-10:30 News, Game 10:30-11:00 Exercise w/ Staff 11:00-11:45 Music w/ Danny 11:45-12:00 Game Junelle, Lisa, Liz, Larisa, Moana | 10:00-10:30 News, Sudoku 10:30-11:15 Exercise w/ Jackie 11:15-11:30 Game 11:30-12:00 Bingo Ann, Lisa, , Silvia |
| 18 | 19 | 20 | 21 | 22 |
| CLOSED Dr. Martin Luther King Holiday | 10:00-10:25 News, Game 10:25-11:00 Crossword 11:00-11:45 Exercise w/ Cyndi 11:45-12:00 Trivia Junelle, Moana, Liz | 10:00-10:30 News, Game 10:30-11:00 Art w/ Staff 11:00-11:45 Exercise w/ Lori 11:45-12:00 Video clip Nicole, Larisa, Liz | 10:00-10:30 News, Game 10:30-11:00 Exercise w/ Staff 11:00-11:45 Music w/ Timo 11:45-12:00 Trivia Junelle, Lisa, Liz, Larisa, Moana | 10:00-10:30 News, Game 10:30-11:15 Exercise w/ Jackie 11:15-11:30 Trivia 11:30-12:00 Bingo Ann, Lisa, , Silvia |
| 25 | 26 | 27 | 28 | 29 |
| 10:00-10:45 News, Game 10:45-11:30 Music w/ Bill Martin 11:30-11:50 Exercise w/ Staff 11:50-12:00 Video Clip Nicole, Silvia, Larisa | 10:00-10:40 News, Game 10:40-11:00 Sing-A-Long w/ Staff 11:00-11:45 Exercise w/ Cyndi 11:45-12:00 Video Clip Junelle, Moana, Liz | 10:00-10:30 News, Game 10:30-11:00 Art w/ Staff 11:00-11:45 Exercise w/ Lori 11:45-12:00 Video clip Nicole, Larisa, Liz | 10:00-10:30 News, Game 10:30-11:00 Exercise w/ Staff 11:00-11:45 Music w/ Danny 11:45-12:00 Game Junelle, Lisa, Liz, Larisa, Moana | 10:00-10:30 News, Sudoku 10:30-11:15 Exercise w/ Jackie 11:15-11:30 Game 11:30-12:00 Bingo Ann, Lisa, , Silvia |