

Live Oak Adult Day Services Activity Schedule- April

Monday	Tuesday	Wednesday	Thursday	Friday
				April 1 10:00 Word Jumble, News, Chronicle 11:00 Bingo 12:00 Lunch 1:00 Line Dancers
4 10:00 Word Jumble, News, Chronicle 11:00 Arne (Guest Speaker) 12:00 Lunch 1:15 Bean Bag Toss 2:00 Exercise	5 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Memory Game	6 10:00 Tai Chi 11:00 Word Jumble, News, Chronicle 12:00 Lunch 1:15 Jigsaw Puzzles	7 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Easter Bunny Craft 2:00 Exercise	8 10:00 Word Jumble, News, Chronicle 11:00 Allen on the Piano 12:00 Lunch 1:15 Bingo
11 10:00 Word Jumble, Chronicle, News 11:00 Danny K. Music 12:00 Lunch 1:15 Exercise	12 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Bob & Sue	13 10:00 Tai Chi 11:00 Word Jumble, News, Chronicle 12:00 Lunch 1:15 Movie	14 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Misc. Quizzes	15 10:00 Word Jumble, News, Chronicle 11:00 Marilyn S. (Music) 12:00 Lunch 1:15 Bingo 2:00 Stretch/Move
18 10:00 Word Jumble, News, Chronicle 11:00 Exercise 12:00 Lunch 1:15 Music With Teddy	19 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Travel Video	20 10:00 Tai Chi 11:00 Word Jumble, News, Chronicle 12:00 Lunch 1:15 C.C Culver	21 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Margo (Story Teller) 2:00 Exercise	22 10:00 Word Jumble, News, Chronicle 11:00 Allen on the Piano 12:00 Lunch 1:15 Jan Shriner Park Ranger
25 10:00 Word Jumble, News, Chronicle 11:00 Exercise 12:00 Lunch 1:15 Bridge-O	26 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Guest Speaker Terrance	27 10:00 Tai Chi 11:00 Mike Monroe 12:00 Lunch 1:15 Trivia Quizzes 2:00 Exercise	28 10:00 Word Jumble, News, Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Word Jumble Activity 2:00 Exercise	29 10:00 Word Jumble, News, Chronicle 11:00 Scavenger Hunt 12:00 Lunch 1:15 Bingo

April Meal Menu

				1 Vegetable Lasagna Garlic Bread Brussel Sprouts Green Salad W/ Shredded Carrots Orange/Milk
4 Grilled Chicken Teriyaki LS Sauce on the side Brown Rice Broccoli with Carrots Fruit Milk	5 Cheeseburger Whole Grain Bun Potato Fries Lettuce, Tomato, Onion/ LS Soup Gelatin w/ Manda- rin Oranges Milk	6 Meatloaf / LS Gravy Whole Grain Bread Steamed Carrots, Diced Bell Pepper, Celery, Onions in entrée Baked Potato Banana/Milk	7 Pork Chops with LS Gravy on side Whole Grain Roll Mixed Veggies Sweet Potatoes Fresh Orange Milk	8 Fish Taco Corn Tortilla (1) Tartar Sauce Brown Rice With Bell Pepper Cabbage Slaw Pineapple Tidbits Milk
11 Italian Herb Chicken LS Gravy on Side Brown Rice Pilaf Steamed Carrots Broccoli Raisin Salad Pineapple Milk	12 BBQ Pulled Pork Sandwich Whole Grain Bun Corn Kennels Potato Salad Banana Milk	13 Spaghetti with Meat Sauce and Whole Wheat Pasta ItalianBlend Veggies Green Salad w/ Shredded Carrots Mandarin Oranges Milk	14 Baked Salmon Fillet Tartar Sauce on side Seasoned Quinoa Sautéed Onion & Bell Peppers Roasted Asparagus Orange Milk	15 Chile Relleno with Tomato Sauce Diced Bell Peppers Spanish Rice Refried Pinto Beans Diced Peaches Milk
18 Grilled Chicken Breast in Mushroom Sauce Whole Grain Pasta Garden Blend Veggies Green Salad with Broccoli Banana/Milk	19 Baked Tilapia with Roasted Bell Peppers & Tartar Sauce on Side Seasoned Quinoa Peas & Carrots W/ Thyme Tropical Fruit/Milk	20 Beef Lasagna Whole Grain Bread Steamed Broccoli LS Vegetable Soup with Carrots Pineapple Chunks Milk	21 Meatball Soup Peas, Carrots, Cel- ery, Corn and Onion in Entrée Fresh Garden Salad W/ Cucumber and Tomato Oranges/Milk	22 Roasted Turkey & LS Gravy/ Whole Grain Roll & Cran- berry Sauce on Side Green Beans/Garlic Mashed Potatoes Jell-O in Mandarin Oranges/Milk
25 Salmon Fillet Sautéed Onion & Bell Peppers/ Tartar on the Side and Quinoa with Green Onions Steamed Cauliflower & Carrots Fresh Fruit/ Milk	26 Chicken Stir Fry Brown Rice Broccoli, Bell Pep- per, Snap Peas in Entrée Coleslaw Fresh Fruit Milk	27 Baked Chicken LS Gravy on the Side Whole Grain Roll Mashed Potato San Francisco Blend Fresh Fruit Milk	28 Homemade Beef Stew with Diced Carrots, Peas, Red Potatoes & Onion in the Stew Whole Grain Roll Fresh Fruit Milk	29 Stuffed Bell Peppers Whole Grain Roll Garden Blend Vege- tables LS Lentil Soup Fruit Cup Milk



April 2022

Happy Easter April 17th

Live Oak Wish List: Bingo Prizes, Canned Fruit, Hot Cocoa, Tea-
spoons, Magazines, Tennis Balls

****Live Oak Requires copies of the Prescription for medication administered here at the program.**

****Any changes to your Health History and/or Medication please notify Yanessa or Gloria with the updated information.**