

Live Oak Adult Day Services Activity Schedule–May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
May 2 10:00 News, Daily Chronicle, Word Jumble 11:00 Arne (Guest Speaker) 12:00 Lunch 1:15 Movie Day 2:15 Exercise	3 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Puzzles 2:15 Exercise	4 10:00 Mothers Day Corsage 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Music with Teddy 2:15 Exercise	5 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Cinco De Mayo Activities 2:15 Exercise	6 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 Line Dancers 2:00 Exercise
9 10:00 News, Daily Chronicle, Word Jumble 11:00 Danny K Music 12:00 Lunch 1:15 Outburst 2:15 Stretch/Move	10 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Trivia Game 2:00 Exercise	11 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Scavenger Hunt 2:00 Stretch/Move	12 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Word Jumble Activities 2:00 Exercise	13 10:00 News, Daily Chronicle, Word Jumble 11:00 Bingo 12:00 Lunch 1:15 Jan Shriner 2:00 Stretch/Move
16 10:00 News, Daily Chronicle, Word Jumble 11:00 Memory Game 12:00 Lunch 1:15 Bridge-O 2:00 Exercise	17 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Category Word Game 2:15 Stretch/Move	18 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 C.C. Culver 2:15 Exercise	19 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Margo H. 2:15 Stretch/Move	20 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 Bingo 2:15 Exercise
23 10:00 News, Daily Chronicle, Word Jumble 11:00 Marilyn S. Music 12:00 Lunch 1:15 Bowling 2:15 Stretch/Move	24 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Bean Bag Toss 2:15 Exercise	25 10:00 Tai Chi 11:00 Mike Monroe (Gst Spkr) 12:00 Lunch 1:15 Music with Teddy 2:15 Stretch/Move	26 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Sue & Bob 2:15 Exercise	27 CLOSED —
30 Closed—Memorial Day	31 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Clients Choice 2:15 Exercise			

May Meal Menu

<p>May 2</p> <p>Philly Cheese Steak Sandwich on Whole Grain Bun Onion & Bell Pepper Potato Wedges Tomato Soup Fruit/Milk</p>	<p>3</p> <p>Homemade Chicken & Cheese Enchiladas Corn Tortilla Refried Black Beans Salad w/ Broccoli Tropical Fruit Cup Milk</p>	<p>4</p> <p>Tomato Basil Salmon w/ Seasoned Quinoa Tartar Sauce Carrots w/ Thyme Spinach Salad Oranges/Milk</p>	<p>5</p> <p>Grilled Steak Tacos Corn Tortilla Pinto Beans Salsa Guacamole Cabbage Slaw Fruit/Milk</p>	<p>6</p> <p>Roasted Chicken Drumsticks Steamed Brown Rice Peas & Carrots LS Hearty Veggie Soup Fruit/Milk</p>
<p>9</p> <p>Pork Loin w/ Mushroom Sauce Whole Grain Roll Asparagus Mashed Potato Pineapple Milk</p>	<p>10</p> <p>Baked Paprika Chicken w/ Whole Grain Noodles Steamed Broccoli Green Salad w/ Seasoned Veggies Fruit Milk</p>	<p>11</p> <p>Cheeseburger Whole Grain Bun Baked Potato Fries Lettuce, Tomato, Onion. LS Cook's Choice Soup Oranges/Milk</p>	<p>12</p> <p>Mustard Tilapia Filet Sauteed Onions & Bell Peppers Tartar Sauce Herbed Brown Rice Garlic Spinach Gelatin w/ Oranges Milk</p>	<p>13</p> <p>Meat Loaf LS Gravy on Side Whole Grain Bread Roasted Carrots Mashed Potatoes Melon Cup Milk</p>
<p>16</p> <p>Herb Chicken LS Gravy on Side Brown Rice Roasted Cauliflower Green Salad w/ Red Peppers Peaches/Milk</p>	<p>17</p> <p>Meatball Soup Carrot, Zucchini, Corn, Celery Whole Grain Roll Caesar Romaine Salad w/ Cherry Tomatoes Oranges/Milk</p>	<p>18</p> <p>BBQ Pulled Pork Sandwich Whole Grain Bun Corn on the Cob Potato Salad Fresh Fruit Milk</p>	<p>19</p> <p>Chicken Breast in Alfredo Sauce Whole Grain Noodles w/ Steamed Carrots, Broccoli, Raisin, Cranberry Salad Fresh Fruit/Milk</p>	<p>20</p> <p>Baked Salmon Tartar Sauce on Side Herbed Brown Rice Roasted Brussel Sprouts LS Butternut Squash Soup Fruit /Milk</p>
<p>23</p> <p>Chicken Fajitas Whole Wheat Flour Tortilla Sour Cream Spanish Rice Pinto Beans Gelatin w/ Oranges Milk</p>	<p>24</p> <p>Beef Lasagna Whole Grain Roll Roasted Carrots LS Hearty Veggie Soup Fresh Fruit Milk</p>	<p>25</p> <p>Roasted Turkey LS Gravy on Side Whole Grain Roll Cranberry Sauce Green Beans Mashed Potato Oranges/Milk</p>	<p>26</p> <p>Parmesan Baked Tilapia Tartar on the Side Steamed Brown Rice/ Peas & Carrots Pineapple Coleslaw Banana Milk</p>	<p>27</p> <p>CLOSED — Staff Day</p>
<p>30</p> <p>CLOSED — MEMORIAL DAY</p>	<p>31</p> <p>Chile Relleno with Brown Rice Refried Pinto Beans Green Salad with Carrots Mandarin Oranges Milk</p>			



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May 2022

Happy Mother's Day - May 8th

Memorial Day May - 30th

Live Oak Wish List: Bingo Prizes, Canned Fruit, Hot Cocoa, Teaspoons, Magazines, Tennis Balls

****Live Oak Requires copies of the Prescription for medication administered here at the program.**

****Any changes to your Health History and/or Medication please notify Yanessa or Gloria with the updated information.**