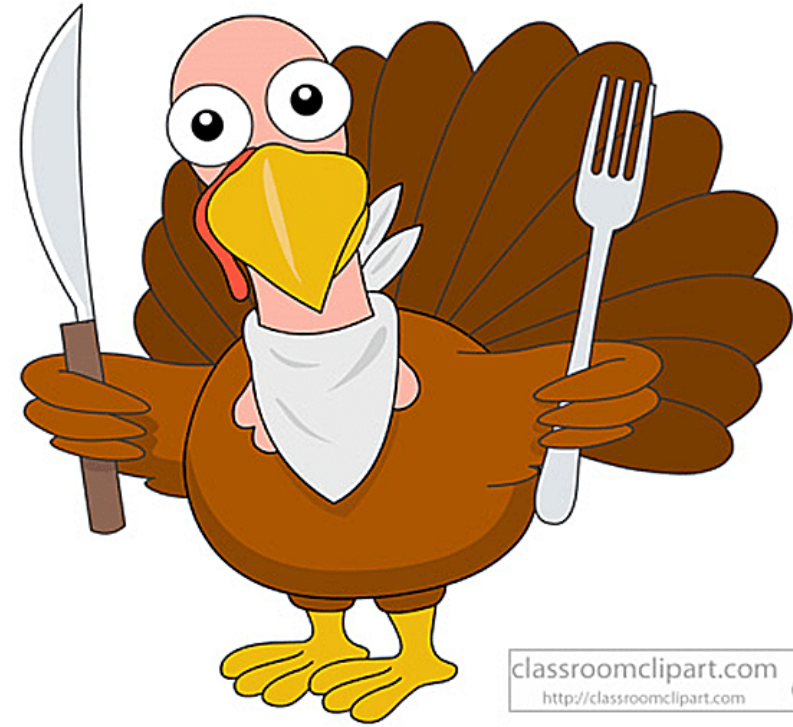


# *Live Oak Adult Day Services Activity Schedule–November 2022*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Nov. 1</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Ring Toss 2:15 Exercise	<b>2</b> 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Outburst 2:15 Stretch/Move	<b>3</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Memory Game 2:15 Exercise	<b>4</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 Bingo 2:15 Stretch/Move
<b>7</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bean Bag Toss 12:00 Lunch 1:15 Movie Day 2:15 Stretch/Move	<b>8</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Memory Game 2:00 Exercise	<b>9</b> 10:00 Tai Chi 11:00 Arne (Travel Talk) 12:00 Lunch 1:15 Margo (Story Teller) 2:00 Stretch/Move	<b>10</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Clients Choice 2:00 Exercise	<b>11</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Trivia Contest 12:00 Lunch 1:15 Bingo 2:15 Stretch/Move
<b>14</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Danny K. Music 12:00 Lunch 1:15 Puzzles & Pondering 2:15 Exercise	<b>15</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Thanksgiving Art Project 2:15 Stretch/Move	<b>16</b> 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Sue & Bob 2:15 Exercise	<b>17</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Documentary Video 2:15 Stretch/Move	<b>18</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 Bingo 2:15 Exercise
<b>21</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Category Word Game 12:00 Lunch 1:15 Music with Don 2:15 Stretch/Move	<b>22</b> 10:00 Word Jumble, News, Daily Chronicle 11:00 Thanksgiving History 12:00 Lunch 1:15 Bingo 2:15 Exercise	<b>23</b> 10:00 Tai Chi 11:00 Marilyn S. Music 12:00 Lunch 1:15 C.C Culver (Space Talk) 2:15 Stretch/Move	<b>Thanksgiving</b> <hr style="width: 10%; margin: 0 auto;"/> <b>CLOSED</b>	<hr style="width: 10%; margin: 0 auto;"/> <b>CLOSED</b>
<b>28</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Exercise w/ Joseph 12:00 Lunch 1:15 Jigsaw Puzzles	<b>29</b> 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Scavenger Hunt 2:15 Stretch/Move	<b>30</b> 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Clients Choice 2:15 Exercise		

# November Lunch Menu

	Nov. 1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		



November 2022

Nov. 24th — Thanksgiving

**Our Wish List: Holiday Decorations (Any), Hat Rack,**

- \*\*Live Oak Requires copies of the Prescription for medication administered here at the program.
- \*\*Any changes to your Health History and/or Medication please notify Yanessa or Gloria with the updated information.