

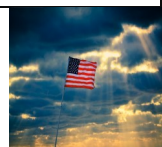



Live Oak Adult Day Services Activity Schedule– May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May 1 10:00 News, Daily Chronicle, Word Jumble 11:00 Ring Toss 12:00 Lunch 1:15 Bingo 2:15 Bean Bag Toss	2 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Exercise w/ Joseph 2:15 Clients Choice	3 10:00 Tai Chi 11:00 Travel Talk w/ Arne 12:00 Lunch 1:15 News, Daily Chronicle, Word Jumble 2:15 Stretch/Move	4 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Bean Bag Toss 2:15 Exercise	5 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 History of Cinco de Mayo 2:15 Stretch/Move 
8 10:00 News, Daily Chronicle, Word Jumble 11:00 Danny K. Music 12:00 Lunch 1:15 Outburst 2:15 Exercise	9 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Category Word Game 2:15 Stretch/Move	10 10:00 Tai Chi 11:00 Mothers Day Corsage 12:00 Lunch 1:15 Bingo 2:15 Exercise	11 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 So. County Fleurs 2:15 Stretch/Move	12 10:00 News, Daily Chronicle, Word Jumble 11:00 Coloring Book 12:00 Lunch 1:15 Mothers Day History 2:15 Exercise
15 10:00 News, Word Jumble, Daily Chronicle 11:00 Memory Game 12:00 Lunch 1:15 Puzzles 2:15 Stretch/Move	16 10:00 Word Jumble, News, Daily Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Art with Elizabeth (: 2:15 Exercise	17 10:00 Tai Chi 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 C.C Culver (Spacetalk) 2:15 Stretch/Move	18 10:00 News, Daily Chronicle, Word Jumble 11:00 Bill Martin Music 12:00 Lunch 1:15 Tail Waggers — Pet Visit 2:15 Exercise	19 10:00 News, Daily Chronicle, Word Jumble 11:00 Allen on the Piano 12:00 Lunch 1:15 Bingo 2:15 Exercise
22 10:00 Word Jumble, News, Daily Chronicle 11:00 Travel Video 12:00 Lunch 1:15 Trivia Contest 2:15 Exercise	23 10:00 Word Jumble, News, Daily Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Margo H.—Story Teller 2:15 Stretch/Move	24 10:00 Tai Chi 11:00 Mike Monroe (G/S) 12:00 Lunch 1:15 Puzzles & Pondering 2:15 Exercise	25 10:00 Word Jumble, News, Daily Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Movie Day 2:15 Stretch/Move	26 <div style="text-align: center;">  <p>CLOSED</p> <p>—</p> <p>STAFF INSERVICE</p> </div>
29 Closed <hr/> Memorial Day 	30 10:00 Word Jumble, News, Daily Chronicle 11:00 Bill Martin Music 12:00 Lunch 1:15 Art w/ Teresa 2:15 Exercise	31 10:00 Word Jumble, News, Daily Chronicle 11:00 News, Daily Chronicle, Word Jumble 12:00 Lunch 1:15 Sue & Bob (Travel Talk) 2:15 Exercise		

May Lunch Menu

May 1 Homemade Chicken & Cheese Enchilada Refried Black Beans Salad with Broccoli Cantaloupe Cup Milk	2 Battered Fish Tacos Tartar Sauce Pico de Gallo Primavera White Rice Cabbage Slaw Fruit Milk	3 LemonChickn Oregano Mashed Potato w/ Gravy Zucchini W/G Roll Corn Chowder Soup Tropical Fruit Cup Milk	4 Spaghetti w/ Meat Sauce W/G Pasta Brocc. & Carrots Green Salad with Kale Fruit Milk	5 Carne Asada Tacos (2) Spanish Rice Refried Beans Chips & Salsa Guacamole Cactus Salad Fruit/Milk
8 Philly Cheesesteak On W/G Roll w/ Onion & Peppers Potato Wedges Coleslaw Banana Milk	9 Cook's Choice Chicken Gravy on the Side Brown Rice Sweet Potatoes Brocc, Raisin, Cranb., and Pineapp Salad Fruit/Milk	10 Chile Verde Cook's Choice Rice Corn Tortilla Refried Pinto Beans Romaine Salad w/ Shredded Carrots Fresh Orange Milk	11 Tilapia Fish Tartar on the Side Quinoa with Green Onions Roasted Carrots Tomato Soup Fresh Fruit Milk	12 Roast Beef Gravy on the Side Steameed Spinach Baked Potato Whole Grain Roll Tropical Fruit Cup Milk
15 Teriyaki Chicken Chow Mein Noodles Steamed Broccoli Green Salad with Cucumbers Fresh Fruit Milk	16 Vegetarian Lasagna Mixed Vegetables Tossed Green Salad with Broccoli Whole Grain Roll Fresh Fruit Milk	17 Cheeseburger on Whole Grain Bun Lettuce, Tomato, & Onion Baked Potato Fries Lentil Soup Orange/Milk	18 Baked Salmon with Onion & Peppers Tartar Sauce Herbed Brown Rice Garlic Spinach Jello w/ Oranges Milk	19 BBQ Pork Ribs Corn Kernels Homemade Potato Salad Whole Grain Roll Cantaloupe Milk
22 Turkey Meatball Soup w/ Carrot, Zucchini, Corn & Celery Caesar Salad with Cherry Tomatoes Whole Grain Roll Orange/Milk	23 Tomato Basil Salm-on Tartar on the Side Brown Rice Brussel Sprouts Coleslaw Mandarin Oranges Milk	24 Chicken Tostada Spanish Rice Whole Pinto Beans Sour Cream Shredded Lettuce & Diced Tomato Strawberries Milk	25 Five Spice Beef Stir Fry w/ Broccoli, Green Onion, & Peppers Steamed Brown Rice Onion Soup w/ Mushroom Watermelon/Milk	26 <p style="text-align: center;"><u>CLOSED</u></p> <p style="text-align: center;">—</p> <p style="text-align: center;"><u>STAFF IN-SERVICE</u></p>
29 <p style="text-align: center;"><u>CLOSED</u></p>	30 Parmesan Tilapia Tartar Sauce Brown Rice Cauli. & Carrots Green Salad with Peppers Banana/Milk	31 Roasted Turkey Gravy on the Side Cranberry Sauce Green Beans Mashed Potato Whole Grain Roll Oranges/Milk		



May 2023

May 5th — Cinco de Mayo

May 14th — Mother's Day

May 29th — Memorial Day

Our Wish List: Rags, Bingo Prizes, Holiday Decorations (Any), Dry Erasers, Silverware (Spoons)

****Live Oak Requires copies of the Prescription for medication administered here at the program.**

****Any changes to your Health History and/or Medication please notify Yanessa or Gloria with the updated information.**