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EXECUTIVE DIRECTOR

Heather Moore

Dear Friends and Family of Live Oak,

On behalf of the staff and board of Live Oak Adult Day Services, I'd like to wish you a very happy holiday season and I'd like to thank you for your continued support of our mission to provide quality structured day programs to enhance the lives of dependent seniors across Santa Clara County and to provide respite for their caregivers. Your generosity directly impacts the lives of the seniors and caregivers that we serve at our adult day centers in San Jose, Los Gatos, Cupertino, and Gilroy. This year we've focused on envisioning program expansion to serve the increasing needs for specialized senior care in our community, especially for those living with Alzheimer's disease and other forms of dementia.



In May we surveyed client caregivers from each of our centers to learn more about the needs of the seniors and caregivers we currently serve. From our annual survey we learned that 83% of our day center clients are living with family and 50% of our client caregivers are adult children caring for a parent. For many families, the cost of hiring in-home care is prohibitive. However, 48% of caregivers surveyed say they would have to hire in-home help if their loved one didn't attend Live Oak Adult Day Services. 86% of caregivers say that Live Oak Adult Day Services has helped to delay institutionalization and maintain their loved one at home.

Caregivers share that their loved ones benefit most from:

"The socialization provided through warm and caring interactions by staff have helped reduce Mom's sense of loneliness and isolation during the week."

"Having a purpose each day and a reason to get up and get dressed. He loves going to Live Oak and we wouldn't be able to keep him at home without it."

The respite care that we provide is a "lifesaver" for many of our caregivers and their families. Caregivers share that:

"Live Oak is the best support that I have received providing my mother much needed mental and physical activities and interaction. They also provide me and my family education and moral support."

"This allows me to work and not worry about him alone at home."



We are very proud to have provided 63,156 hours of respite care in 2024 and to have served 264 seniors and caregivers, 85% of whom are low to extremely low income.

In this season of giving, I humbly ask that you consider donating to Live Oak Adult Day Services. Donations as small as \$10 will help pay for a nutritious senior meal and donations as large as \$500 will help cover the costs for five days of care for a senior. All donations now or throughout the year are greatly appreciated and I thank you for your generosity.



With deep gratitude,

Heather Moore

