

Live Oak Adult Day Services Activity Schedule– August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00-WJ,Chron,Quiz 11:00-Match game 12:00-=Lunch 1:15-=Box Ball	4 10:00-Exercise-Vic 11:00-Bill M 12:00-Lunch 1:15-Remenise stories-Liz	5 <i>10:00-Tai-Chi-Bill</i> <i>11:00-Arne</i> <i>12:00-Lunch</i> <i>1:15-Danny Kennedy</i>	6 10:00-Outburst-Glo 11:00-Bill M 12:00-Lunch 1:15– Ballon Volleyball	7 10:00-Exercise-Vic 11:00-Bingo 12:00-Lunch 1;15-Alan B
10 10:00-Exercise-Glo 11:00-Line dancers 12:00-Lunch 1:15-Don R 2:15-Snack	11 10:00-WJ,Quiz,Chron-Liz 11:00-Bill M (music) 12:00-Lunch 1:15-2 lies and a truth 2:15-Snack	12 10:00-Tai-Chi-Bill W 11:00-Art-Vic 12:00-Lunch 1:15-Coloring 2:15-Snack	13 10:00-Exercise-Liz 11:00-Bill M 12:00-Lunch 1:15-Bridge-O 2:15-Snack	14 10:00-Wj,Quiz,Chron-Liz 11:00-Scavenger hunt 12:00-Lunch 1:15-Bingo 2:15-Snack
17 10:00-Exercise-Vic 11:00-Trivia contest-Glo 12:00-Lunch 1:15-Penny pinch 2:15-Snack	18 10;00-Box Ball 11:00-Bill M 12:00-Lunch 1:15-Puzzles 2:15-Snack	19 10:00-Tai-Chi-Bill 11:00-Wj,Quiz,Liz 12:00-Lunch 1:15-Travel Document 2:15-Snack	20 10:00-Brain Games-Glo 11:00-Bill M 12:00-lunch 1:15-Whats missing 2:15-Snack	21 10:00-Who am I?-Vic 11:00-Alan B 12:00-Lunch 1:15-Bingo
24 10:00-Wj,News,Chron-Liz 11:00-Mike M 12:00-Lunch 1:15-Movie Day 2:15-Snack	25 10:00-Exercise-Vic 11:00-Bill M 12:00-Lunch 1:15-Word Game-Liz 2:15-Snack	26 10:00-Tai-Chi-Bill 11:00-Board Games 12:00-Lunch 1:15-Sue/Bob 2:15-Snack	27 10:00-Word Game-Vic 11:00-Bill M 12:00-Lunch 1:15-C.C Culver 2:15-Snack	28 10:00-Exercise-Liz 11:00-Marilyn S 12:00-Lunch 1:15-Animal Documentary 2:15-Snack
31 10:00-Exercise-Glo 11:00-Whats My name? 12:00-Lunch 1:15-3 clues				All persons aged 60 or above are eligible without regard to race, national origin gender or Disability.



August 2026

**Our Wish List: Bingo Prizes,Canned fruit,Holiday
décor,Decaf coffee ,Splenda,Sugar free**

****Any changes to your Health History and/or Medication please notify Alexa or Gloria**