

# *Live Oak Adult Day Services Activity Schedule– Oct 2026*

| Monday                                                                                                                                         | Tuesday                                                                                                                                  | Wednesday                                                                                                                                 | Thursday                                                                                                                                       | Friday                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>All persons aged 60 or above are eligible without regard to race, national origin gender or Disability.</b>                                 |                                                                                                                                          |                                                                                                                                           | <b>1</b><br><b>10:00-Puzzles/ponderings</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Ballon Volleyball</b><br><b>2:15-Snack</b> | <b>2</b><br><b>10:00-Exercise-Alexa</b><br><b>11:00-Who am I?-Liz</b><br><b>12:00-Lunch</b><br><b>1:15-Bingo</b><br><b>2:15-Snack</b>         |
| <b>5</b><br><b>10:00-Outburst-Glo</b><br><b>11:00-Word search-Vic</b><br><b>12:00-Lunch</b><br><b>1:15-Animal Doc</b><br><b>2:15– Snack</b>    | <b>6</b><br><b>10:00-Exercise-Vic</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Word Scramble-Liz</b><br><b>2:15-Snack</b> | <b>7</b><br><b>10:00-Tai-Chi</b><br><b>11:00-Arne</b><br><b>12:00-Lunch</b><br><b>1:15-Danny K</b><br><b>2:15-Snack</b>                   | <b>8</b><br><b>10:00-Exercise-Glo</b><br><b>11:00-Bill</b><br><b>12:00-Lunch</b><br><b>1:15-Match game</b><br><b>2:15-Snack</b>                | <b>9</b><br><b>10:00-WJ,Quiz,Chron-Glo</b><br><b>11:00-Alan B</b><br><b>12:00-Lunch</b><br><b>1:15-Bingo</b><br><b>2:15-Snack</b>             |
| <b>12</b><br><b>10:00-WJ,Quiz,Chron-Glo</b><br><b>11:00-Line dancers</b><br><b>12:00-Lunch</b><br><b>1:15-Don R</b><br><b>2:15-Snack</b>       | <b>13</b><br><b>10:00-Word Search-Vic</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Travel video</b><br><b>2:15-Snack</b>  | <b>14</b><br><b>10:00-Tai-Chi</b><br><b>11:00-Bean bag T</b><br><b>12:00-Lunch</b><br><b>1:15-ouitburst-Vic</b><br><b>2:15-Snack</b>      | <b>15</b><br><b>10:00-Exercise-Glo</b><br><b>11:00-bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Puzzles/coloring</b><br><b>2:15-Snack</b>       | <b>16</b><br><b>10:00-Exercise-Vic</b><br><b>11:00-conco cards-Elizabeth</b><br><b>12:00– Lunch</b><br><b>1:15-Bingo</b><br><b>2:15-Snack</b> |
| <b>19</b><br><b>10:00-Exercise-Vic</b><br><b>11:00-Trivial pursuit-Glo</b><br><b>12:00-Lunch</b><br><b>1:15-Word Game</b><br><b>2:15-Snack</b> | <b>20</b><br><b>10:00-Exercise-Liz</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Bridge-O</b><br><b>2:15-Snack</b>         | <b>21</b><br><b>10:00-Tai-Chi</b><br><b>11:00-WJ,Quiz,Chron-Vic</b><br><b>12:00-Lunch</b><br><b>1:15-Board Games</b><br><b>2:15-Snack</b> | <b>22</b><br><b>10:00-Memory activity-Glo</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-C.C Culver</b><br><b>2:15-Snack</b>      | <b>23</b><br><b>10:00-Reminise-Liz</b><br><b>11:00-alan B</b><br><b>12:00-Lunch</b><br><b>1:15-Bingo</b><br><b>2:15-Sanck</b>                 |
| <b>26</b><br><b>10:00-WJ,quiz,Chron-Glo</b><br><b>11:00-Mike M</b><br><b>12:00-Lunch</b><br><b>1:15-Margo h</b><br><b>2:15-Snack</b>           | <b>27</b><br><b>10:00-Exxercise-Liz</b><br><b>11:00-Bill M</b><br><b>12:00-Lunch</b><br><b>1:15-Movie day</b><br><b>2:15-Snack</b>       | <b>28</b><br><b>10:00-Tai-Chi</b><br><b>11:00-Scavenger hunt</b><br><b>12:00-Lunch</b><br><b>1:15-Coloring</b><br><b>2:15-Snack</b>       | <b>29</b><br><b>10:00-Exercise-Glo</b><br><b>11:00-Bill M</b><br><b>1:15-Penny pinch</b><br><b>2:15-Snack</b>                                  | <b>30</b><br><b>10:00-Box Ball</b><br><b>11:00-Marilyn S</b><br><b>12:00-Lunch</b><br><b>1:15-Bingo</b><br><b>2:15-Snack</b>                  |

# October 2026

Sun Mon Tue Wed Thu Fri Sat

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|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

October 2026



**Scan QR code to view our Amazon wish list!**

**Our Wish List: Bingo Prizes, Games, Canon Ink**

**\*\*Any changes to your Health History and/or Medication please notify Alexa or Gloria  
updated information.**

